

ILLINGWORTH MESSENGER

Where Church and Community meet together: Illingworth Moor, the former St Mary's & St Malachy's

Platinum
Volubilee
Volubil

June 2022

Printed & Distributed free by the Illingworth Messenger Trust for the Churches and People in Illingworth

JOIN US ON OUR JOURNEY OF FAITH AT ANY OF THE SERVICES

EVERYONE IS WELCOME ST. MALACHY'S CHURCH

Times of Mass at St. Malachy's:

Saturday (Vigil Mass) at 5 pm and Sunday Mass at 9 am

Holy Nativity Church, the Church of England Parish of Mixenden and Illingworth Sundays at 10.00 am

All Age Eucharist, everyone welcome

PREACHERS AT ILLINGWORTH MOOR IN JUNE

All services commence at 10.30 am unless otherwise stated

5th June Local Arrangement

12th June Mrs Judith Bell

19th June Rev Dr Mark Cheetham Communion

26th June Mr Tim Asquith

PRAYER FOR JUNE

By Daphne Kitching

Heavenly Father,

Thank you for the beauty of the world you created, so evident in this lovely month of June.

We bring before you, in prayer, those events going on in the world which are so difficult to understand. We pray for all your children who are suffering in any way, especially those affected by war. Please, Lord, comfort them, assure them of your presence - and deliver them from evil.

May we appreciate each day which you have made. Help us to rejoice and be glad in the gift of each new day - and to trust you for all our tomorrows, knowing that in you alone is our security.

In Jesus' name. Amen

MESSAGE FOR JUNE

We have just celebrated the Queens Jubilee and you may have been to something in your local community to celebrate this special occasion. Whether we are pro or against the Royal family it cannot be disputed that the Oueen herself has done her best, sometimes in hard and testing times nationally and within her family. She has seen many Governments come and go and many Prime Ministers too. Throughout her reign she has visited many countries and been a great ambassador for the country and those countries associated with the Commonwealth. One of the tourist hotspots for London is Buckingham Palace which again aids tourism for not only London but also the rest of the country. The thing about the Oueen is her deep level of faith and her resilience to adversity. You only have to remind yourself of the pictures of her sitting alone at the funeral of Prince Philip speaks of doing the right thing at the time at such a great cost to herself. That was such a moving and memorable image that helped her to have empathy with those who felt likewise after losing a loved one.

Her Christmas Day speeches always tell something of the Christmas nativity and the importance of it within our culture. As she gets older and struggles with her mobility and health and takes a step back from public life, she will be greatly missed by many. All of us, in our lives hopefully have someone that we look up to or have looked up to as a role model. The Queen will be that for people. For those who have had the privilege of meeting her in person would certainly have great lasting memories as she takes a genuine interest in those she meets. Whether we acknowledge the Oueen and her long reign or not, the country will certainly probably not see the likes of her again for a very long time. That is certainly something to be celebrated, just as big and special birthdays or events should be celebrated. It is good to celebrate and be part of a great occasion, because it lifts spirits, gives motivation and is enjoyable. Jesus came that we might have life in all of its fullness. The Queen has been blessed with a long life, as so many others have done, while for others our time on earth is less and so we need to make the best of every day.

Every Blessing,

Rev Paul Welch

LOCAL HISTORY

From Local Historian David Craven

HALIFAX FREE PRESS

Wednesday, 23rd September 1891

Serious Accident:

Early on Sunday morning a man named Edward Casey, 83 years of age, residing at 11 Holroyd Street, Mount Pleasant, was admitted to the Infirmary suffering from a severe injury to the spine. It appears that Casey was found on the railway lines near Holdsworth Bridge, by a plate layer named Crowther. He was taken to the Infirmary on the horse ambulance in a precarious condition., It is stated that he will not recover

Wednesday, 28th October 1891

Accident on the G.N. Railway:

On Monday afternoon, while the 3.30 pm train was proceeding from Pellon to Holmfield, the Stoker, Henry Russell, of Upper West Scausby, Bradshaw, fell from the engine, owing, he says to the board giving way between the engine and tender. He was brought to North Bridge Station by the 4.40 pm train and was then taken to the Infirmary on the ambulance. The Doctor examined him and it was found that he had fractured his thigh and had also a wound on his head.

Wednesday, 25th November 1891

A Drunken Man's Fall:

Benjamin Dale, Labourer 18, of Sladden Sreet, Boothtown, got drunk on Saturday and fell over a wall at Chain Bar, Ovenden, where he was found, in an unconscious state and bleeding from the left ear, by Mr James Holder, of Holmfield. He was taken home on a wheelbarrow, by a Policeman and eventually recovered consciousness.

BEECHWOOD ROAD LIBRARY

Following the recent refurbishment at Beechwood Road Library the staff are looking forward to welcoming old and new members to visit them during any of the following opening hours:

Monday 10 am - 5 pm Thursday 10 am - 5 pm Friday 10 am - 5 pm Saturday 10 am - 1 pm



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Flo Watkins, Client Daughter





Home Instead Calderdale

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WHAT'S ON AT ILLINGWORTH MOOR

'GOOD AS NEW SHOP'

Open FRIDAYS ONLY 11 am till 3.30 pm

Why not drop into our "Cosy Corner"?

No need to buy! Just sit and watch the world go by in warm and pleasant surroundings. Enjoy a cuppa, from the Cafe, or read a magazine, or just relax.



CAFE AT THE MOOR

Our Chef, Sarah, makes a range of meals on four days a week, Tuesday, Wednesday, Thursday & Friday from 9 am to 1 pm.

Why not pop in for a coffee, a piece of home made cake, a bowl of home made soup, a sandwich (either to eat in or take away).

Or have a full meal from Sarah's tempting menu?

BOYS' BRIGADE - MONDAYS

Anchor Boys: 5 - 7 years (arrive 6.15 pm to start at 6.30 pm until 7.30 pm)

Junior Section: 8 - 10 years (arrive 6.15 pm to start at 6.30 pm until 8.15 pm)

Company Section: 11 - 18 years (arrive no earlier than 7 pm for a 7.15 pm start - ending at 8.45 pm)

If anyone can help out, even if only occasionally, please get in touch with Captain Andy on 07833910698.



GIRLS' BRIGADE - WEDNESDAYS

Explorers: 4 - 7 years (5.30 pm - 7.15 pm) waiting list at the moment

Juniors, Seniors & Brigaders: 8-18 years

(6.45 pm - 8.30 pm)



For more information contact Janice Crowther on 07745529385

SUNDAYS

Sunday Worship & Sunday School at 10.30 am

EVERYONE IS WELCOME TO JOIN US AT ANY OR ALL OF THE ADVERTISED EVENTS

GET THEE BEHIND ME SATAN (Matthew 16: 23)

The word "satan" is an Hebrew legal term for "accuser" or "adversary". However, in some of the Books of both the Old Testament and the New Testament it became increasingly common for it to be used to depict an evil being; and eventually became a proper name for the devil; a malevolent angel who is the enemy of God and His people.

We first encounter Satan in the Holy Bible at the time of Creation. "The serpent was the most subtle of all the wild beasts that God had made". (Genesis 3: 1-16) The serpent tempts Eve into eating the fruit which God had expressly forbidden and she, in turn, gives some to Adam who also eats of it. Sin has entered into the world and with it death. In the Book of Wisdom we read: "It was the devil's envy that brought death into the world (Wisdom 2: 23-24|). The death introduced by the devil is spiritual death with physical death as its consequence. Jesus, speaking to the Pharisees says: "The devil is your father ... he was a murderer from the start; he was never grounded in the truth; he is a liar, and the father of lies". (John 8: 44)

From this one example alone we see Satan as a sly, insidious, corrupt corrupter, a liar and a murderer. All of which is driven by his envy of God and of His Creation.

We started with the first Book of the Holy Bible and to find another image, or symbol, of Satan we now turn to the last Book of the Bible, Satan is versatile.

To paraphrase: "And now war broke out in heaven, when Michael with his angels attacked the dragon who fought back with his angels, but they were defeated and driven out of heaven and hurled down to the earth. The dragon, now enraged, went away to make war on all who obey God's commandments and bear witness to Jesus". (Revelation 12: 1-17)

In Jewish tradition both the serpent and the dragon symbolise the power of evil; which is personalised in the fallen angel, Satan.

However, there is another Biblical symbol for Satan which is not one iota less valid than both the serpent and the dragon. Saint Peter says: "Be calm but vigilant, because your enemy the devil is prowling round like a roaring lion looking for someone to eat. Stand up to him, strong in faith." (1 Peter 5: 8-9)

When we are strong in Faith, God fearing and keep God's Commandments then the Most Holy Trinity, into whom we were Baptised as Christians, becomes for us like a suit of armour. As the Psalm says: "You will tread on lion and adder, trample on savage lions and dragons. I rescue all who cling to me. I protect whoever knows my name. I am with them when they are in trouble; I bring them safety and honour." (Psalm 91: 13-15)

When we are in such a state of Grace, if Satan should approach us, he, sees the Lamb; the Lion of Judah, Jesus, who is at once as gentle as a butterfly and an unquenchable fire, and Satan will make a speedy exit. He knows when he is outclassed.

God has given to us the wonderful gift of free will. We can choose to follow God; or we can follow Satan.

To generalise; when we look at our troubled world and see the bad things that are taking place, we can see that Satan is not short of followers. However, there are also far more good things going on, which sadly, we seldom see for the smoke and confusion of the bad things. Bad news sells newspapers and lifts the television ratings. A prime example of this is the Church as a whole. The vast majority of the Church's Ministers are good, upright and God fearing and they do a sterling job for us. But there are a small minority who sully this perception, by turning away from God and His Commandments/Teachings to follow their own desires. And this applies to all levels of the Church. Top to bottom. They profess to be Ministers of the Lord, but their behaviour is more like ministers of Satan. It is this that makes the headlines and by which 'Joe Public' both views, and judges, the Church.

Whilst the Church remains in denial of it's wrong doings – both past and present, and compounds the lie by hypocritical claptrap, then the smokescreen will prevail. The dark of Satan must be expunged before the Light of Christ can fully shine through (see Luke 12: 35-48 and Malachi 3: 2-4) "His winnowing fan is in his hand."

"My dear sisters and brothers", to particularise; whenever we sin – for example by being proud or envious (both of which led to Satan's downfall) by lying, or using sly, snide tricks to try and get what we want, or break God's Commandments, then like Adam and Eve we show contempt for God and, furthermore, we insult Him by showing that we prefer to follow Satan, by using his foul tactics, rather than following our Creator – our Daddy.

Think how you feel when someone treats you with contempt or insults you; then think how God feels when He has to endure this, multiplied billions of times every day!!!

Satan will always return to us to see if he can find a chink in our armour; if our faith has faltered so as to provide an opening, so that he can get in to corrupt us. But, fortunately for us, our God is a merciful God and will always listen to a truly contrite heart, if we have succumbed to the wiles of Satan.

"My dear brothers and sisters", at the end of the day it boils down to this; we can either choose to follow our Daddy – even if we do falter on the way – and receive His reward of Paradise in the arms of Jesus, or, we can choose to follow Satan and receive his reward of being enclosed in the blast furnace of Hell along with him and his cohorts. The choice is ours.

John Brooksbank
Saint Malachy's Church

WALKING THE WAY' which is a monthly reflective walk around Calderdale which takes place on the second Sunday of the month starting at 2pm.

For more information, here is the website link

https://www.calderdalemethodistcircuit.org.uk/aboutus/walking-way.html or

Facebook https://www.facebook.com/walkingthewaycalderdale



ST. MALACHY'S NEWS

Our Parish Priest is Mgr Michael McQuinn

ST. MALACHY'S NURSERY

St. Malachy's School, Cousin Lane.

There is a place for your child so why not give your child the best start? Apply for a place now and come and see what we have to offer. Contact St. Malachy's School on 01422 244628.

ST. MALACHY'S WALKS

If you would like to join us you will be made most welcome. Walking boots and suitable clothing are essential. For more information please contact Philip or Pat at 01422 259761

or e-mail us at p29.moran@gmail.com

FUND RAISING GROUP

We are collecting old gold. Have you any broken chains? Odd earrings? Rings without stones? Please donate your old jewellery for Church funds. Items can be left in the box on the Paper Stall.

Illingworth Moor Methodist Church, every Friday, 12 o'clock start



Where can you get (for instance) home made

Shepherd's Pie, Yorkshire Pudding, vegetables, a pudding and a cup of tea, together with good company for £4.50?

The Access Bus picks up some of our regulars so if you need transport just ring 0113 3481902 to register with Metro.

Sequence & Ballroom Dancing

Everyone Welcome - Singles and Couples
Tuesdays and Thursdays 1.45 pm to 4 pm
£2.50 per person includes tea and biscuits
For more information ring 01422 248080

HOLY NATIVITY CHURCH, THE CHURCH OF ENGLAND PARISH OF MIXENDEN AND ILLINGWORTH Sunny Bank Road, Mixenden, HX2 8RX. www.holynativity.co.uk

Family Communion every Sunday at 10 am.

Communion Meal every 2nd Sunday of the month at **6 pm**.

The communion meal is an opportunity to worship whilst gathered around the dinner table. Food is provided.

Rock Mass every 3rd Sunday of the month at **6 pm**. The Rock Mass is a service for people who like to worship **LOUD**!

Vicar: Revd Robb Sutherland,01422 353929 email robb@priest.com

Church Wardens: Mrs Margaret Henderson 01422 243596

Church Pantry: Mondays 2 - 3.30 pm. Providing food and essentials to people from the Parish in need.

Church Youth Group: Tuesdays 7 pm -8.30 pm

For baptisms, weddings & funerals contact the Vicar or Church Warden



SUDOKU EASY

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SUDOKU MODERATE

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WORDSEARCH



Celebrations will include The Queen's Birthday Parade (Trooping the Colour) on 2nd June when more than 1,400 parading soldiers, 200 horses and 400 musicians will come together. Beginning at Buckingham Palace, the Parade will move down The Mall to Horse Guard's Parade, joined

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by Members of the Royal Family on horseback and in carriages. The Parade will close with the traditional RAF fly-past, watched by The Queen and Members of the Royal Family from the *Buckingham Palace balcony*.

Platinum Jubilee Beacons: The United Kingdom's long tradition of celebrating Royal Jubilees, Weddings and Coronations with the lighting of *beacons* will also continue. Over 1,500 beacons will be lit throughout the United Kingdom, Channel Islands, Isle of Man and UK Overseas Territories.

Researched by Sue Taylor following her work in tidying up the graveyard at Illingworth Moor Methodist Church.

LEST WE FORGET

Lieutenant Arthur Halstead, MC, AM

Behind the Church is the large kerbed grave of the **Halstead** family.

Elijah 1853-1915

Sarah Ann 1853-1936 (nee Farrar)

Children: Hilda 1883-1935;

Rose Ann 1887-1951.

Rose Ann 1887-1951; Esther 1885-1949; Hannah Jane 1877-1950;

Emily 1880-1958 also her husband Harry Dunning 1880-1947

Their son Leonard Dunning died in 1963 aged 88

Although buried in Longuenesse Souvenir Cemetery in France, **Lieutenant Arthur Halstead**, son of Elijah and Sarah, is also commemorated on the kerb.

Elijah and Sarah Ann Farrar married in Halifax, in 1874. His occupation was noted as Police Officer. The family moved to Warrington, where Elijah's uncle resided. Daughters Hilda, Rose Ann and Esther were born there.

By 1891 they had returned to Halifax and Elijah's occupation is noted as Labourer in a Wire works.

The family are known to have lived at Brickfield, Ovenden, Shroggs Road and Buxton Street. Lee Mount.

Son, **Arthur Halstead**, worked as a clerk for the Halifax Guardian and Yorkshire Post.

During WW1 he served as a Lieutenant in the Duke of Wellington's, West Yorkshire Regiment. He was commissioned on 6 July 1916.

Military Cross:

In 1917 Arthur was awarded the Military Cross for conspicuous gallantry and devotion to duty. Despite being injured in the knee, he personally led an attack (during the Battle of Hill 60) with great gallantry and promptitude against a hostile machine gun, capturing the gun and its team.

Albert Medal in Gold citation:

On the 31st July 1917, during instruction in the throwing of live bombs, a bomb was accidentally dropped. **Lieutenant Halstead** placed himself between the bomb and the soldier who dropped it in order to screen him, and tried to kick the bomb away, but it exploded, fatally wounding him. The soldier was slightly wounded, and there can be little doubt that **Lieutenant Halstead's** gallant action saved the soldier's life.

Arthur died at 12.40 am on 1st August 1917 aged 23.



SMILE LINES



Be sticky

Consider the postage stamp. Its usefulness consists in its ability to stick to one thing until it gets there.

Maths lesson

The only place where you can buy 64 watermelons without anyone wondering why.

A child's definition

'Ecclesiastic': material used to fasten a minister's robes.

Notices outside a church:

Worn out? Come in for a Service!

This church is not just four weddings and a funeral.

Weight

Signing the register at a wedding, the groom had difficulty in making his ball-point pen work. "Put you weight on it," said the vicar. So the groom complied: 'John Smith (12 stone, four pounds)'

Request

A clergyman phoned his rural dean. "I regret to have to inform you that my wife has just died. Could you please send me a substitute for the weekend?"

Don't fool me

A three-year-old put his shoes on by himself. His mother noticed the left was on the right foot. She said, "Sam, your shoes are on the wrong feet."

He looked up at her and said, "Don't kid me, Mum, I KNOW they're my feet."

Raise needed

I told my boss that three companies were after me and therefore I wanted a raise from him. My boss asked what companies wanted me. "Gas, water and electricity."

Judgement

The poster read: Where will you be on judgement day?

The graffiti below read: Still waiting for the Stafford bus.

Miscellaneous observations on life

One who boasts of being a self-made person relieves the Lord of a lot of responsibility.

Living on Earth is expensive, but it does include a free trip around the sun every year.

You know that indestructible black box that is used on airplanes? Why don't they make the whole plane out of that stuff?

The most effective way to remember your wife's birthday is to forget it once. Love is grand; divorce is a hundred grand.

I had a ploughman's lunch the other day. He wasn't very happy about it. As long as there are exams, there will be prayer in schools.

MOUNT ZION HERITAGE CHAPEL PER LANE, OGDEN, HALIFAX, HX2 8XG

Open on Tuesdays from the

7th June until the end of August

from 2 pm to 4 pm

Serving Cream Teas - £4

Everyone welcome to spend time in the beautiful chapel



ILLINGWORTH ARLFC

PLAYERS WANTED

All abilities welcome.

Be part of the best sport in the world and join the rugby league family.

Boys & Girls

HAVE FUN – GET FIT – CHALLENGE YOURSELF

Facebook Page: Illingworth ARLFC

Instagram: illygirlsrugby

Illingworth Sports and Social, Mason Green, Halifax, HX2 8HG

ANSWERS

SUDOKU EASY

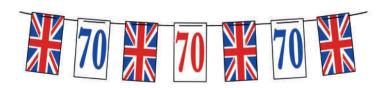
SUDOKU MODERATE

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4	2	5	9	1	7	8	3	6
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WORDSEARCH









We are super excited to welcome you to our new beautiful home beauty salon! We specialise in Non-surgical facelifts, facials, 3d-lipo body sculpting, massage, shellac, reflexology, hd brows and much more! We have over 30yrs experience between us!

£5.00 off

We love welcoming new clients through our door, a smile and first class service awaits you.

As a welcome gift from us we would like to offer you £5.00 off any treatment on your first visit to us! (T&C's)

For more information please visit www.therapyskincare.co.uk or call HX 357572 (we are on the 521 bus route which runs every 10mins and is only about a 2min walk from the bus stop)



ALL IN THE MONTH OF JUNE

It was:

250 years ago, on 22nd June 1772 that the Court of King's Bench ruled that slavery was illegal in England and Wales. But it remained legal in British Overseas Territories and colonies until 1833.

100 years ago, on 10th June 1922 that Judy Garland, American actress and singer, was born. Best known for her films *The Wizard of Oz* and *Meet Me in St Louis*. Died 1969.

80 years ago, from 4th– 7th June 1942 that the Battle of Midway took place. The USA defeated Japan in the most important naval battle of the Pacific Campaign.

75 years ago, on 5th June 1947 that the Marshall Plan was proposed. US Secretary of State George C Marshall offered a self-help programme to Europe that would enable countries to rebuild democratic societies and resist communism after WWII.

65 years ago, on 1st June 1957 that the first premium bond prize draw took place in Britain.

Also 65 years ago, on 27th June 1957 that Britain's Medical Research Council reported that there was a cause-and-effect relationship between smoking and lung cancer.

50 years ago, on 17th June 1972 that the Watergate Scandal began when five men were arrested for breaking into the Democratic National Committee headquarters at the Watergate complex in Washington DC.

40 years ago, on 14th June 1982 that the Falklands War ended. Argentine forces surrendered to the British in Port Stanley and a ceasefire was agreed. Argentine president Leopold Galtieri resigned on 17th June.

Also 40 years ago, on 21st June 1982 that Prince William of Wales was born. Son of Charles and Diana, he is second-in-line to the British throne.

25 years ago, on 12th June 1997 that Shakespeare's Globe Theatre opened in London. It is a reconstruction of the original theatre of 1599.

Also 25 years ago, on 26th June 1997 that J K Rowling's first Harry Potter novel, *Harry Potter and the Philosopher's Stone* was published in the UK.

15 years ago, on 27th June 2007 that Gordon Brown became British Prime Minister.

Also 15 years ago, on 29th June 2007, that Apple released the first iPhone.

10 years ago, on 24th June 2012, that Lonesome George, the male Pinta Island tortoise died. The last-known member of his species, Lonesome George serves as an important symbol for conservation efforts around the world, and particularly in the Galapagos Islands.



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and

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For Illingworth and surrounding area

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www.hbates.co.uk

hbates@hbates.com

WALKING FOOTBALL

at Forest Cottage, Cousin Lane, HX2 8AD

Tuesdays at 12 noon All welcome



For further information contactrevpwelch@gmail.com

YORKSHIRE SMOKEFREE CALDERDALE THINKING ABOUT STOPPING SMOKING?

Our team are still working remotely to support **YOU** through your quit smoking journey.

To get started you can give our team a call on the below numbers or request a callback and someone will give you a call

01422 262373 (local number) 0800 612 0011 (free from landlines) 0330 660 1166 (free from mobiles)

https://yorkshiresmokefree.nhs.uk/pages/callback-request



What a busy time. The cricket season has got off to a great start with very little interference from the weather apart from Friday nights for Juniors which have been rather damp to say the least. Indeed at times we have had some hot sunshine and hopefully there is more to come.

The senior teams have had a very positive start to the season. The 1st XI has won all its league games except one so far and are 2^{nd} in the Premier League and have progressed to the 2^{nd} Round of the Parish Cup but there are plenty of challenges to come in a long season. The 2^{nd} are top of their league and the 3^{rd} XI are in third position so there is much to celebrate but there is a long way to go.

Junior activity is underway with Under 9s, and 11s both taking part in the Halifax Junior League but we could still do with more players. Even if you have never played before there is still time to start. Junior training takes place on Friday evenings from 6.30 pm. All Stars Cricket and Dynamos have also started and there is still time to join in. They are both part of a fun Friday Night project on every Friday night into the Summer starting from 6.30 pm until 7.30 pm for 5-11 year olds to introduce both girls and boys to cricket and lots of other games and good exercise. Mums and Dads, Grandparents and friends are all welcome to come along and watch. The bar will be open so adults can enjoy a quiet drink at the same time.

Off the field there has been plenty of activity too. The club suffered much damage during the winter as a result of the succession of gales and high winds particularly in late January when part of the scorebox and machinery store roof was blown off and two heavy sightscreens were blown over twenty yards into the surrounding security fence causing extensive damage to both. Repairs to the scorebox roof have

now been completed and the other repairs are under way thanks to a marvellous grant of £1,735 from Sport England from their Storm 22 Fund which has been a terrific help.

New players, members and volunteers are always welcome. Come and have a look for yourselves at our facilities. The club will be open on Tuesday and Friday evenings and on match afternoons and for junior match evenings and we will be pleased to welcome you.

ENGLAND

Illingworth CC Home Fixtures for June/early July –All matches 1.30 pm start.

Sat 4 June – 1st XI v Bradshaw

Sat 11 June – 2nd XI v Mount

Sun 12 June – 3rd XI v Lightcliffe

Sat 18 June – 1st XI v Booth

Sat 25 June – 2nd XI v Outlane

Sun 26 June – 3rd XI v Copley

Sat 2 July - 1st XI v SBCI

Sat 9 July – 1st XI v Sowerby Bridge

Sun 10 July – 3rd XI v Barkisland

For more information have a look at our web site illingworthcc.co.uk or ring Andrew Smith on 07979-645379

Andrew Smith
Club President



Calderdale Council Community
Grants SchemeS



CREW is a local registered charity

"Aiming to keep Calderdale fit and healthy"

We have an exercise class at Forest Cottage every Thursday at 9.45 am

We have walk-it health walks of 60-150 minutes

Monday 1 pm Beechwood Medical Centre 13th & 27th June

Monday 1 pm Keighley Road Medical Centre, Illingworth 6th & 20th June

Every Friday 10 am Illingworth Moor Methodist Church Approx 4 miles

> All of our information is on our website www.crewheartsupport.co.uk crewpartners.hsg@gmail.com





THE DAISY CHAIN CAFE ON WEDNESDAY, 8TH JUNE AT BLACKBURN HOUSE, NURSERY LANE

FROM 1 PM TO 3 PM

Working towards a Dementia Friendly North Halifax

For more information contact Karen Scanlon on 03005550266 or 01422 252209



PENNINE BREAST SCREENING

Local women are being offered a free NHS mammogram **as early detection saves lives**. When you get your invite, ring 01274365521 for an appointment.

This well person check can find disease up to two years before you could feel or see change. Many people, especially busy younger women,



think that they are ok because nothing is visible. Think about a lemon.

There is usually a seed inside which you can't see nor feel, but this special x-ray can see it.

This usually means treatment options are simpler and easier.

For more on the who & how of breast screening watch https://vimeo.com/241078206

The mobile unit is at B&Q, Shroggs Road, Halifax, over the summer, please ring in as soon as you get your invite.

Those registered at Keighley Road, Beechwood and Caritas surgeries are currently being invited.

FATHERS' DAY, A TIME TO CELEBRATE MALE ROLE MODELS SUNDAY, 19TH JUNE

This month brings Father's Day. The Office for National Statistics tells us that of the UK's 68 million people in 2021, 49% are men (33 million). It also tells us that there were 35 million married couples with children in 2021 and nine million cohabiting couples with children. That all adds up to many millions of fathers in the UK.

How do these special days ever get started, anyway? Well, Father's Day began because way back in 1909 there was a woman in Spokane, Washington, named Sonora Louise Smart Dodd. That year she heard a church sermon about the merits of setting aside a day to honour one's mother. Mother's Day was just beginning to gather widespread attention in the United States at this time. But Sonora knew that it was her father who had selflessly raised herself and her five siblings by himself after their mother had died in childbirth. So the sermon on mothers gave Sonora the idea to petition for a day to honour fathers, and in particular, her own father, William Jackson Smart.

Sonora soon set about planning the first Father's Day celebration in Spokane in 1910. With support from the Spokane Ministerial Association and the YMCA, her efforts paid off, and a 'Father's Day' was appointed. Sonora had wanted Father's Day to be on the first Sunday in June (since that was her father's birthday), but the city council didn't have time to approve it until later in the month. And so on 19th June, 1910, the first Father's Day was celebrated in Spokane.

Gradually, other people in other cities caught on and started celebrating their fathers, too. Finally, in 1972, President Richard Nixon signed a presidential proclamation declaring the third Sunday of June as Father's Day - a permanent, national holiday.



OSCA FOUNDATION (based at Forest Cottage, Cousin Lane, Halifax, HX2 8DA)

In association with OSCA Foundation

Activities to be held in JUNE

Monday: 6-30 pm to 8 pm Taekwondo

Tuesday: 12 noon Walking Football (outside)

Tuesday: 2 pm to 4 pm Old Tyme / Modern Sequence Dancing

Tuesday: 6.30 pm to 8 pm. Taekwondo Wednesday: 6.30 pm to 8 pm Taekwondo Thursday: 9.45 am to 10.45 pm Keep Fit

Thursday: 2 pm to 4 pm Old Tyme/ Modern Sequence Dancing

Thursday: 6 pm to 9 pm Youth Club 13 years –19 years Saturday: 9.15 am to 10.30 am Rugger ratz. (learn to play

rugby league aged 3 to 10 years of age)

Sunday 9 am through till 3 pm Ovenden West Riding Juniors

football matches.

ZUMBA CLASSES have commenced on Tuesday & Thursday evenings 6.30 pm -7.30 pm Contact Mandy on 07488235941.

Halifax Panthers Rugby League Open Age Ladies Team are now based at OSCA FOUNDATION @ Forest Cottage, training has already commenced for the coming season which is expected to start the first week in March, fixtures will be held on Sunday afternoons at Four Fields on the OSCA Site.

PUBLIC BAR OPENING HOURS

Friday 7 pm to 10 pm / Saturday 2 pm to 8 pm Sunday 1 pm to 9 pm

Function rooms along with various rooms are available for hire at very competitive prices.

Receptions, Funerals, Parties, any form of event can be catered for at very competitive prices.

For further information on all activities give Steve a call on 07727860731

HAIRY POPPINS

DOG WALKING & GARDENING

Regular, occasional and one off walks Puppy visits to feed, play and toilet Cats, rabbits, fish etc. cared for







Lawns mowed—regularly or occasional
General Gardening
Phone Andrea on 07886527537
Email: hairypoppins15@gmail.com
Find us on Facebook



WHITEHILL ALLOTMENT ASSOCIATION

Fully Insured



Whitehill Road, Illingworth, HX2 9HD
Sale of plants every Saturday
morning in June and July
10 am to 12 noon

Fruit, Salad, Vegetable Plants, Herbs and perennials, Rhubarb Crowns and sticks. Nothing over £3.

21ST JUNE - SUMMER SOLSTICE, LONGEST DAY OF THE YEAR

June, of course is the month of the summer solstice, the month of the Sun. *Sol* + *stice* come from two Latin words meaning 'sun' and 'to stand still'. As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky. The Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, and the Southern Hemisphere celebrates in December.

ARE YOU A VELCRO PERSON OR A TEFLON PERSON?

How much daily stress do you allow to stick to you? When it comes to coping with stress, David Almeida, a professor of human development at Pennsylvania State University, says that people can be divided into two categories.

'Velcro' people allow the stressful moment to stay with them, leaving them irritable and frustrated. 'Teflon' people see the moment of stress for what it is, but then let it slide away from them, leaving no effect on their mood.

In a ten-year study, Almeida found that people who become easily upset in the moment and who then dwell on their negative feelings and resentment are much more likely to suffer subsequent health problems such as pain, arthritis, cardiovascular complications, and mental health issues.

SOME SIMPLE TRICKS TO SAVE ENERGY

The on-going rise in energy costs is eye-watering. Here are some well-proven ways to save money:

Always turn off the lights when you leave a room. Forget about maintaining an 'ambience' in your home.

Turn down your thermostat by at least a degree. Or two. Or three?

Get some LED bulbs – they are six times more efficient, last much longer, and use 90 per cent less energy than old-style bulbs.

Shower rather than bath. Don't worry about a bit of dirt on your children. It can strengthen their immune systems and help prevent them from becoming allergic to everything.

Don't boil the kettle all the time – it eats up about six per cent of all your electricity per year. Why not consider making a pot rather than a mug, so that you drink as much overall, but less often?

Make a draught excluder - you know, the ones that look like sausage dogs. Don't turn up the heat to combat a draught, fix the draught.

Keep doors closed. If you don't need to heat your WHOLE house, don't.

Put some more clothes on. We all know people who like to wear only tee-shirts at home, even in winter. If they belong to your family, get them to put on a jumper, cuddle the dog, wrap up in a blanket, or run up and down the stairs, not turn up the heating.

Set your washing machine at 30. Washing at 30 rather than 40 degrees can reduce your energy consumption by 60 per cent per cycle, according to the energy experts.

Use your electric clothes dryer less. It can account for five per cent of all household electricity. Far cheaper to buy a washing line!

Use your oven only when you can fill it up. Never cook just one thing at a time. And when you are done, leave the oven door open to help heat the house.

All of these are small steps, but together they could make a big difference this year.



The Local Activities (LA) Group in Illingworth and Bradshaw was formed specifically to improve the health and wellbeing of people over 50 in this area of Halifax. If you are interested in meeting new friends and doing new activities please get in touch:

Join us on Facebook: Illingworth & Bradshaw Local Activities Group / Ring the Secretary on 01422 249070 / attend one of the activities

The Bowling Section of the LA Group meet every Monday at 10 am at Holmfield Bowling Club, Holmfield 1st April to 30th Sept.

THE FOLLOWING ACTIVITIES RUN EACH WEEK AND TAKE PLACE AT ILLINGWORTH MOOR METHODIST CHURCH, HX2 9LL

TUESDAYS

KEEP FIT from 10 am to 11 am £4.00

Not too hard, but not too easy!

This is a fun aerobic exercise class to get you fit and keep you healthy

NEW AGE KURLING from 11.15 am – 12.15 pm £2.00

Both the above activities are suitable for a range of abilities

SITTING DOWN PILATES from 11.15 am – 12 noon £3.50

WEDNESDAYS

CRAFTY CLUB from 10 am - 12. noon £2.00

Join the friendly group for knitting, sewing & card making .

Refreshments available from the Church Cafe

THURSDAYS

INTERMEDIATE PILATES CLASS from 9.45 am - 10.45 am £4.00 BEGINNERS PILATES CLASS from 11 am - 12 noon £4.00

To improve core stability and strength

ART GROUP from 10.00 am – 12 noon £5

Professional Tutor. Suitable for all levels – beginners are welcome.

Some materials provided.

THE FIRST SESSION AT EVERY CLASS IS FREE
NEW MEMBERS ALWAYS WELCOME AT ANY OF THE ACTIVITIES

CHURCH CONTACTS

Holy Nativity Church, the Church of England Parish of Mixenden

and Illingworth

Minister: Rev Robb Sutherland

Tel: 01422 353929

Address: Holy Nativity Church, Sunnybank Road,

Mixenden, HX2 8RX

Web: www.holynativity.co.uk

Facebook: holynativitymix
Twitter: @holynativitymix

St Malachy's

Parish Priest: Mgr Michael McQuinn

Tel: 01422 361682

Email: office.stmalachy@dioceseofleeds.org.uk

Pastoral Assistant: Sister Anne C.P.

Address: St Columba's Presbytery, Highroad Well

Lane, Halifax, HX2 OQF

Illingworth Moor Methodist Church, Keighley Road,

Illingworth, Halifax, HX2 9LL

Minister: Rev Paul Welch Tel: 01422 244418

Address: The Manse, "St Ives", 160 Whitehill Road,

Illingworth, Halifax, HX2 9UH

Web: <u>www.illingworthmoor.org.uk</u>

Facebook: Illingworth Moor Methodist Church

Facebook: Illingworth Moor Church Good As New Shop

Centre Manager: immccentremanager@gmail.com

Children & Schools Worker: immctracy@gmail.com

The last day for contributions to be included in the combined JULY/AUGUST edition is Friday, 17th June 2022

Items can handed in to your Church representative or sent direct to the Editor: Irene Mulhall at greenwoodtree7@gmail.com

Tel: 01422 249070