

OCTOBER 2023

Printed & Distributed free by the Illingworth Messenger Trust for the Churches and People in Illingworth

JOIN US ON OUR JOURNEY OF FAITH AT ANY OF THE SERVICES

EVERYONE IS WELCOME

ST. MALACHY'S CHURCH

Times of Mass at St. Malachy's:

Saturday (Vigil Mass) at 5 pm and Sunday Mass at 9 am

HOLY NATIVITY CHURCH

the Church of England Parish of Mixenden and Illingworth Sundays at 10.00 am

All Age Eucharist, everyone welcome

PREACHERS AT ILLINGWORTH MOOR METHODIST CHURCH IN OCTOBER

All services commence at 10.30 am unless otherwise stated

1st October	Mrs Tracy Brennan	All age service
8th October	Rev Paul Welch	Communion
15th October	Mr Hal Clarkson	(Facebook Live)
22nd October	Mrs Sue Ng	
29th October	Mr Craig Brown	

NEIL MAKING

We are very sorry to report the sad death of Neil Making on the 4th September 2023.

Neil had been poorly for some time but continued to bravely carry on and was still working for the Church just a few days before his death. Neil had been an active member at Illingworth Moor for over 30 years and was instrumental in the Church building redevelopment and served in many other capacities, latterly as Centre Manager.

The Thanksgiving Service was held at Illingworth Moor Methodist Church on the 18th September when a full Church was present and heard glowing tributes from family and friends. Neil will be greatly missed by his wife, Julie, and family and all his friends at Illingworth and far beyond.

MESSAGE FOR OCTOBER

Autumn is here again, there is the usual round of Harvest Festivals and a getting ready for the colder days and darker nights.

The seasons change and so does life with it. Change is inevitable, sometime planned and sometimes we need to react to it. Over the course of a year there are moments to celebrate and other times to just remember and give thanks.



Each Autumn we see the colours changing on the leaves of the trees as they prepare to conserve their energy. There is a beautiful, magnificent display of colour that radiates from the trees. Yet, this celebration of colour may signify a slowing down, it also signifies hope of new life to come.

As Winter recedes, Spring emerges bringing life once more to trees that were only six months earlier vibrant and full of life. Over the course of a normal year in terms of the seasons, this is a normal pattern of life. Despite worrying spikes of weather that we see, the seasons are set in place and bring a certainty. At Harvest time and Autumn there is a sense of thanksgiving for what we have and an appreciation of life, despite the struggles many are facing.

For those who have faith, God is the certainty of being present, in the same way that the seasons are present and we receive the richness of the fruits of the harvest.

As we all know, life is unpredictable and throws up many challenges as well as being a blessing. We have to try and embrace life, and live life as best as we can, recognizing that even on a cloudy, rainy, cold day the sun still shines and is there. God is there too, whatever our day is like, either full of sun or a bit cloudy and dark.

Every Blessing,

Rev Paul

From 3 hours per week



Keep active and engaged in life with a Companion from Home Instead

A Companion is someone who visits every week to provide friendship and support.

- Helps reduce loneliness and isolation
- Company on social outings
- A listening ear and conversation.

All our Companions are carefully matched to you, DBS-checked and have their own transport.



For an informal chat about companionship, home help or any other care needs:

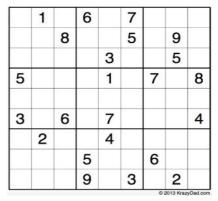
Call 01422 292424 Email: calderdale@homeinstead.co.uk www.homeinstead.co.uk/calderdale



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SUDOKU MODERATE



WORDSEARCH CLUES

To St Luke, whose feastday is 18th October, we owe a beautifully written gospel as well as the Book of Acts. He was a Greek physician and faithful travelling companion to St Paul. Under *house arrest* near the end of his life **Paul** noted, 'only Luke is with me'. Luke's gospel focuses on the compassion of Christ, and offers us moving parables. such as the Good Samaritan and Prodigal Son. Women figure more prominently

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in Luke's gospel than in any other: look out for the extended story of the *Virgin Birth*, and stories of Mary, Elizabeth, and the woman who was a sinner. His gospel also features more *poor* people, more *lepers*, more 'sinners', who are all shown to be 'inside' the love of Christ. In Acts, Luke skilfully links *sacred* and *profane* history, as subsequent archaeology has shown. He tells of how the *early Christians* moved away from *Jerusalem* into the *pagan* world, and especially on to *Rome*. Editor: The Ven John Barton is intrigued by some modern-day usage of our language.

THOSE OVER-THE-TOP WORDS THAT WE USE

I'm trying to stop saying the word 'incredible'. It's overused and has become almost meaningless. "We are incredibly grateful"; "I had an incredible meal". As the word really means 'beyond belief or understanding', it can't actually apply - in either case.

'Unbelievable' is similarly misused. So is 'fantastic', which is meant to describe something belonging to an imaginary world. So, strictly speaking, a fantastic tennis player can't be a real one.

How about 'amazing'? Count how many times you hear it today. It should be reserved to describe something astonishing, out of this world. If you think about it, if everything is amazing or incredible, then nothing really is. When the exceptional becomes normal or commonplace, nothing is special.

We seem to be struggling to find words to convey something out of the ordinary. Try 'iconic'. Iconic only appeared recently and has been distorted to mean 'historic' or 'traditional' or 'classic'. My dictionary tells me iconic actually means something to do with an icon, which is a depiction of Christ, the Virgin Mary, or a saint.

In fact, most of these over-the-top words, now in everyday use, have a religious association. Originally, they were reserved to communicate otherness, difference, deep respect.

For example, what about 'awesome'? It should mean 'awe' or reverence. It's a take-your-breath-away word. Awe is what Moses felt when he saw a bush on fire, because it didn't actually burn away, and he sensed the presence of God. Awe is something St Peter experienced, when he fell down at Jesus' knees, saying, 'Go away from me, Lord, for I am a sinful man!'

If you try to imagine what Moses and Peter actually felt, words like 'unworthiness' and 'fear' might come to mind. They really were experiencing something out of the ordinary, too hot to handle. They were out of their depth. An experience like that stayed with them for life. They had encountered holiness. Now there's a word worth using.

SATURDAY, 4TH NOVEMBER AT 2 PM

AT ILLINGWORTH MOOR METHODIST CHURCH

CONCERT BY THE BRADFORD UKES

£5 ADMISSION (including refreshments)

Come along and listen to the Ukulele Group and have a sing along - Pay on the door.

WHAT'S ON AT ILLINGWORTH MOOR

'GOOD AS NEW SHOP'

Open on FRIDAYS ONLY 10 am till 3.30 pm

Why not drop into our "Cosy Corner"?

No need to buy! Just sit and watch the world go by in warm and pleasant surroundings. Enjoy a cuppa, from the Cafe, or read a magazine, or just relax.



CAFE AT THE MOOR (Tel: 07879930492)

Our Chef, Sarah, makes a range of meals on four days a week, Tuesday, Wednesday, Thursday & Friday from 9 am to 1 pm.

Why not pop in for a coffee, a piece of home made cake, a bowl of home made soup, a sandwich (*either to eat in or take away*). Or have a full meal from Sarah's tempting menu?



BOYS' BRIGADE - MONDAYS

Anchor Boys: 5 - 7 years (arrive 6.15 pm to start at 6.30 pm until 7.30 pm)
Junior Section: 8 - 10 years (arrive 6.15 pm to start at 6.30 pm until 8.15 pm)
Company Section: 11 - 18 years (arrive no earlier than

7 pm for a 7.15 pm start - ending at 8.45 pm)

If anyone can help out, even if only occasionally, please get in touch with Captain Andy on 07833910698.



GIRLS' BRIGADE - WEDNESDAYS

Explorers: 4 - 7 years (5.30 pm - 7.15 pm) Juniors, Seniors & Brigaders: 8-18 years (6.45 pm - 8.30 pm)

For more information contact Janice Crowther on 07745529385

SUNDAYS

Sunday Worship & Sunday School at 10.30 am

EVERYONE IS WELCOME TO JOIN US AT ANY OR ALL OF THE ADVERTISED EVENTS

LOCAL HISTORY

Edtor: This month's local history is taken from the Halifax Courier dated April 1979 when Eve Chapman remembers.....

Forty or 50 years ago, there were no discos, snack bars, youth clubs or anywhere much where we could make friends with the opposite sex.

Dances were serious affairs, where one had an escort and only by his permission might one dance with another youth.

Not for us, of course, the Victoria Hall; that was for those who could afford guineas for the Mayor's Charity Ball, the Infirmary or Police Balls, with their pretty dance programmes complete with tiny pencil!

We attended works dances and similar functions at Queen's Hall (just then emerging from King Cross Constitutional Club), or the Cafe Royal (later the Alexandra Hall), or the Empress Ballroom, over Burton's Tailors.

There were even cheaper dance halls but these ninepenny hops were frowned on by respectable parents like mine!

Yet, I cannot recall anything unpleasant happening at the Palais-de-Danse (less grand than it's name suggests), or even the ILP Rooms in St. James Street, where - apart from Saturdays - the admission was sixpence.

If you lived in Sowerby Bridge, you danced on the floored-in swimming bath! In winter, it was grandly called Prince's Hall, with a smaller adjacent Windsor Hall.

Of course, most of us belonged to churches and Sunday schools, where social events - though usually without dancing - were held. How many women remember the thrill of preparing a supper box for a cobweb social, where your long string was knotted, weblike, with others and your partner was the lad who got your string?

In the main these were the boys we married, almost literally the box next door. But, before serious courting began, there had to be the excitement of the chase, mild flirtations and this is where the Monkey Runs came into their own.

In winter, groups of two or three lads and others of girls would walk from the Victoria Hall to Hall End, maybe with a slight digression into George Square, where the Triangle and Hebden Bridge trams began.

After passing and repassing several times, a chance greeting would lead to a conversation which nobody took seriously - all part of the fun. No doubt Commercial Street in winter was chosen because it was well lit - you could see what you were getting!

But, come summer and the Monkey Run changed. Every Sunday afternoon, Savile Park Moor would be bright with pretty hats and alive with girlish giggles and gruff teasing from voices just breaking.

The alternative, favoured by many who had the necessary pennies to put in the entrance collection boxes, was People's Park. Sunday afternoon, Sunday evening, and again on Thursday evening, the innocent promenade began. We stood to attention for a hymn by the band for the hymn gave respectability to the proceedings; then we ceased our chatter again for the National Anthem but between it was a constant promenade, round the Round Pond, up the shallow steps to the terraces.

Few of us could afford the coppers for the seats round the bandstand and we were too restless to sit, we'd gone for the promenade, not for Sousa or Gilbert and Sullivan. The lads often draped themselves on railings until girls who attracted them had passed and they would There was no loud conversation and certainly no horse-play. The park rangers were on duty to see that you neither put a foot nor a toffee wrapping on the sacred greensward, unless of course you'd paid for a seat!follow and "accidentally" make contact.

The Monkey Runs were fun while they lasted. Few permanent relationships came from them; we went back and married the boy next door or the one in the Church Choir. But the chase was fun, on both sides!

FALLING LEAVES

Fall, leaves, fall; die, flowers, away; Lengthen night and shorten day; Every leaf speaks bliss to me Fluttering from the autumn tree.

From a poem by Emily Bronte (1818-48)

ST. MALACHY'S NEWS

Our Parish Priest is Mgr Michael McQuinn

ST. MALACHY'S NURSERY St. Malachy's School, Cousin Lane.

There is a place for your child so why not give your child the best start? Apply for a place now and come and see what we have to offer. Contact St. Malachy's School on 01422 244628.

ST. MALACHY'S WALKS



If you would like to join us you will be made most welcome. Walking boots and suitable clothing are essential. For more information please contact Philip or Pat at 01422 751542 or e-mail us at p29.moran@gmail.com

Sequence & Ballroom Dancing

at Forest Cottage, Cousin Lane, Illingworth, HX2 8DA

Everyone Welcome - Singles and Couples



£2.50 per person includes tea and biscuits

For more information ring 01422 248080

ILLINGWORTH MOOR METHODIST CHURCH

THE GOOD AS NEW SHOP

Open every Friday from 10 am to 3.30 pm

Donations always welcome.



Opens 3rd Saturday of each month (21st October) 10 am -12 noon

HOLY NATIVITY CHURCH, THE CHURCH OF ENGLAND PARISH OF MIXENDEN AND ILLINGWORTH Sunny Bank Road, Mixenden, HX2 8RX.

www.holvnativitv.co.uk

Family Communion every Sunday at 10 am.

Communion Meal every 2nd Sunday of the month at **6 pm**.

The communion meal is an opportunity to worship whilst gathered around the dinner table. Food is provided.

Rock Mass every 3rd Sunday of the month at **6 pm**. The Rock Mass is a service for people who like to worship **LOUD**!

Vicar: Revd Robb Sutherland, 01422 353929 email robb@priest.com

Church Wardens: David Capon 07500860715 and Michelle Strange 07810560289

Church Pantry: Mondays 2 - 3.30 pm. Providing food and essentials to people from the Parish in need.

Church Youth Group: Tuesdays 7 pm -8.30 pm

For baptisms, weddings & funerals contact the Vicar or Church Warden



Illingworth Moor Methodist Church

every Friday, 12 o'clock start

Where can you get (for instance) cottage pie, carrots, cabbage, a pudding and a cup of tea, together with good company for £5.50? Cafe number 07879930492

The Access Bus picks up some of our regulars so if you need transport just ring 0113 3481902 to register with Metro.

Editor: By the Revd Peter Crumpler, a Church of England priest in St Albans, Herts, and a former communications director for the C of E.

IS NOW A GOOD TIME TO GROW OLD?

"Don't grow old," a parishioner of advanced years warned me some while back. "You won't like it."

Sadly, that dear woman is no longer with us, and I'm a whole lot older than when she offered me that kind advice. But was there wisdom in her words?

It's true that generally people are living longer and in better health than in generations before, but there are increasing challenges for older men and women in our society.

My friend, Maggie Dodd is an 'Anna Chaplain' for older people. She is one of around 300 such chaplains up and down the country. They spiritually support people – of strong, little or no faith – in care homes, sheltered housing or in their own homes.

Maggie has told me how life is becoming harder for older people, and we've swapped notes on what we have both observed.

She told me: "Some of the basic services older people need are becoming more difficult to access. I hear about doctor's surgeries asking for patients to print out their own forms or send photos to or from smartphones. Banks are phasing out high street branches, pushing everyone towards online banking. Many older people feel very uneasy about going online, worried of being scammed out of their savings. "A trip to the shops is also becoming more complicated. Checkouts in supermarkets are increasingly self-service. Mobility can also be affected as car parks often need an app to be uploaded onto a smartphone to park. In many car parks there is no option to pay by card or cash!" Plans to remove the ticket offices at train stations will make matters

worse for many older would-be rail travellers.

Maggie told me "This gradual marginalisation of people can leave them feeling lonely and isolated. Loneliness can have a huge detrimental effect on health and wellbeing. Prolonged social isolation and loneliness are the equivalent of smoking 15 cigarettes a day."

It's good that many churches run special events and activities for older people, as well as groups for all ages. But is this enough? Christians are called to follow Christ's example and speak out for at risk of being marginalised in our society.

Today, that could be our older brothers and sisters.

'**WALKING THE WAY'** which is a monthly Reflective walk around Calderdale which takes place on the second Sunday of the month starting at 2pm. For more information, here is the website Calderdale Walking the Way

https://www.calderdalemethodistcircuit.org.uk/ about-us/walking-way.html



https://www.facebook.com/walkingthewaycalderdale

Odd Jobs

Needing help with all kinds of odd jobs around the house and in the

16 years old male

garden?

Jobs such as - Garden Maintenance - Car cleaning - Window cleaning - House work - And various other jobs Contact me at: 07440730323 SMS/Calls Between 4 PM-9 PM Mon-Fri 10 AM-9 PM Sat-Sun Or E-mail me at oddjobshu2@gmail.com

(Blusiness Card Maker





A BEAR CALLED PADDINGTON

It was 65 years ago, on 14th October 1958, that Michael Bond's children's book, *A Bear Called Paddington*, was published. It marked the debut of the lovable Paddington Bear, who is now a household name after appearing in two irresistible films.

Paddington starred in more than 20 books written by Bond, who died aged 91 in 2017. The original story was inspired by the author witnessing Jewish and British evacuee children passing through Reading station. Bond wanted the bear to have come from "darkest Africa", but this was changed to Peru when his agent pointed out that there were no bears in Africa.

Many people have found Christian characteristics in the bespectacled, kind, red-hatted, innocent Paddington, who always tries to do the right thing but often gets into trouble as a result. He is invariably polite, but has a "hard stare" for those who behave badly. The two hugely successful films, with Ben Whishaw voicing Paddington and household names in other roles, established the bear in the national psyche – a natural successor to Winnie the Pooh.

A stuffed toy Paddington Bear was chosen by British tunnellers as the first item to be passed to their French counterparts when the two sides of the Channel Tunnel came together in 1994. The books have been translated into 30 languages and have sold more than 30 million copies.

Paddington has also reached the very top of society. Comedian and later President of Ukraine Volodymyr Zelensky dubbed him in the Ukrainian version of the films, and to cap everything, Paddington joined the late Queen in one of her last public appearances – a brilliant comedy segment in the Platinum Party at the Palace on 4th June 2022, in which the Queen 'revealed' that she always carried a marmalade sandwich – Paddington's favourite food – in her handbag.

HALLOWEEN - SOME STATISTICS

We are following the Americans in spending more and more money on Halloween.

Since 2013, UK consumer spending for Halloween products has more than doubled. It's gone from about £230 million in 2013 to about £687 million last year, according to the statistics website statista.com.

Of that amount, we spent nearly £29 million last year on pumpkins alone. If you get a pumpkin this year, consider leaving the carving of it until the day before, as pumpkins perish quickly when exposed to the air.

After Halloween, the jack o' lantern pumpkins are a bit too stringy to eat, but their seeds are delicious. Simply scrape them out of the pumpkin, rinse them clean, and bake them on a baking tray with olive oil, salt, and chilli flakes until golden brown. They make a delicious snack.

As for the scary decorations, how seriously do people take them? A recent survey found that the over-55s are least likely to believe in real ghosts, while over half of 18-to-24-year-olds either do believe in them, or else are not quite sure.



SMILE LINES



Editor: October brings St Luke's day, and as St Luke is the patron saint of physicians and surgeons, we thought you might enjoy these comments, allegedly taken from actual medical records, dictated by doctors.

From medical records....

• On the second day, the knee was better and on the third day it had completely disappeared.

- The patient has been depressed ever since she began seeing me in 2022.
- Alive, but without permission.
- She slipped on wet leaves in late September, and her legs went in separate directions.
- The patient was released to the Outpatient department without dressing.
- She is numb from the toes down.

Noise - The wheel of my grocery cart was making a horrible scraping sound as I rolled it through the supermarket. Nevertheless, when I finished my shopping and saw a cartless woman, I offered it up, explaining, "It makes an awful complaining noise, but it works."

"That's okay," she said cheerfully, taking it. "I have a husband at home like that."

Apples - Mother: "Martin, last night I put two apples in this cupboard and now there is only one. How do you explain that?"

Martin: "I expect it was so dark I couldn't see the other one."

Salt - The Sunday School teacher was describing how when Lot's wife looked back at Sodom, she turned into a pillar of salt. Young James nodded with understanding. "My mum looked back once while she was driving," he observed, "and she turned into a telephone pole."

Chicken and pig - A chicken and a pig were walking by a church where a gala charity event was taking place. Getting caught up in the spirit of the fun, the chicken suggested to the pig that they each contribute to the meal. "Let's offer them ham and eggs!"

"Not so fast," said the pig. "For you, that's a contribution. For me, it's a total commitment."

Those Church Bulletin notes that didn't quite work as intended

The Fasting & Prayer Conference includes meals.

Remember in prayer the many who are sick of our community.

Smile at someone who is hard to love. Say 'Hell' to someone who doesn't care much about you.

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

At the evening service tonight, the sermon topic will be 'What is Hell?' Come early and listen to our choir practice.

Topcoat Decorating Services

Qualified decorator with over 25yrs experience internal / external painting Wallpapering Free no obligation quotes

Call Paul today on 07913264591





THE DAISY CHAIN CAFE

ON WEDNESDAY, 11th OCTOBER

AT BLACKBURN HOUSE, NURSERY LANE

FROM 1 PM TO 3 PM

Working towards a Dementia Friendly North Halifax For more information ring 03005550266 or 01422 252209

ANSWERS

SUDOKU EASY

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WORDSEARCH



"A clear conscience makes a soft pillow." - Anon

ALL IN THE MONTH OF



It was:

100 years ago, on 10th Oct 1923 that Nicholas Parsons, radio and TV game show host and actor was born. Best known for hosting *Just a Minute* and *Sale of the Century*. (Died 2020)

90 years ago, on 17th Oct 1933 that physicist Albert Einstein arrived in the USA as a refugee from Nazi Germany.

80 years ago, on17th Oct 1943 that the Burma Railway was completed. The Japanese built it using Asian labourers and Allied prisoners-of-war, thousands of whom died. One of the railway bridges is the famous film *Bridge over the River Kwai*.

75 years ago, on 27th Oct 1948 that the Morris Minor car was launched at the British Motor Show at Earl's Court in London. It cost £358.

70 years ago, on 30^{th} Oct 1953 that former US Secretary of State George Marshall was awarded the 1953 Nobel Peace Prize for engineering the Marshall Plan – a massive economic aid programme for Europe in the aftermath of WWII.

Also 65 years ago, on 28th Oct 1958 that the State Opening of the British Parliament was televised for the first time.

60 years ago, on 15th Oct 1963 that the term 'Beatlemania' first appeared in the Daily Mirror newspaper in the UK. It described the intense, frenzied reaction of fans of the Beatles.

40 years ago, on 5th Oct 1983 that Lech Walesa, leader of the Solidarity movement in Poland (and later President of Poland) was awarded the Nobel Peace Prize.

Also 40 years ago, on 25th Oct 1983 that Microsoft Word 1.0 was released. It was the first version of the popular word processor, and Microsoft's first full-featured application.

30 years ago, on 15th Oct 1993 that South African leaders Nelson Mandela and F.W. de Klerk, won the 1993 Nobel Peace Prize for their efforts to end apartheid.

25 years ago, on 16th Oct 1998 that David Trimble and John Hume won the 1998 Nobel Peace Prize for brokering the Northern Ireland peace accord.

20 years ago, on 19th Oct 2003, that Mother Teresa was beatified by Pope John Paul II and given the title Blessed Teresa of Calcutta. (She was canonised as Saint Teresa of Calcutta in 2016.)

15 years ago, on 24^{th} Oct 2008 that the 2008 financial crisis 'Bloody Friday' took place. The world's stock exchanges suffered one of the worst declines in their history – about 10% in most cases. About £89.5 billion was wiped off the value of Britain's biggest companies.

ILLINGWORTH ARLFC



Be part of the best sport in the world and join the rugby league family.

Why not contact us using our social media platforms and find out if you or your family members can join our ever growing club. Boys and Girls welcome!

HAVE FUN - GET FIT - CHALLENGE YOURSELF

Facebook Page: Illingworth ARLFC Instagram: illygirlsrugby OR Illingworth ARLFC Illingworth Sports and Social, Mason Green, Halifax, HX2 8HG

NHS

Yorkshire Smokefree Service

THINKING ABOUT STOPPING SMOKING?

Did you know we now offer VAPES as well as nicotine replacement therapy?

We're here to help you through your quit journey

If you're ready to stop smoking give us a call to make an appointment to suit you!

01422 262373 (local number)

https://yorkshiresmokefree.nhs.uk/ pages/callback-request



BEECHWOOD ROAD LIBRARY

The Staff at

Beechwood Road Library are looking forward to welcoming old and new members to visit them during any of the following opening hours:

Monday 10 am - 5 pm Thursday 10 am - 5 pm Friday 10 am - 5 pm Saturday 10 am - 1 pm



Another cricket season has drawn to a close and we live in hope that we will still have some good weather to come although we do seem to be getting the tail end of hurricanes on a regular basis at the moment. As usual we have had a lot of work to do to put the playing area to bed for the winter. The whole of the square has been scarified, re-seeded and top

dressed with loam which even with unpaid volunteer labour has cost the club nearly $\pounds 2,000$ for the materials needed. Without this care and attention the wicket area would rapidly deteriorate. The whole area has also been covered with special sheets to encourage germination of the grass before any cold weather sets in.

The 1st XI have had a good season and have finished as Runners Up in the Premier Division behind worthy champions Thornton who were undefeated throughout the season. Blackley and Mytholmroyd have been relegated and replaced by Warley and Shelf/Northowram.

The 2^{nd} XI have finished as champions of the 2^{nd} XI Premier League for the first time which is a great achievement and is testament to the strength in depth of our cricketers. The 3^{rd} XI too have had a great season and finished as Runners Up in Division 2 of the Sunday League and will be playing Division 1 cricket again in 2024.

On the junior front due to the great hard work of our volunteers we again have had two teams in action at U9 and U11 level and they continue to make huge progress and are the future of the club. We had a terrific end of season Junior Presentation Night with an absolutely packed clubhouse and even the famous Harry Brook of Yorkshire and England fame sent a personalised video message to the club juniors which was shown on the big screen. We have again run the All Stars Cricket sessions and Junior training on Friday nights throughout the summer which have been very well received and we are looking to repeat something similar for 2024. We are always looking to encourage more cricket being played both at the club and in the local schools and would love to have a full set of junior teams next year. We will again be holding junior cricket training sessions over the winter starting in February. Any boy or girl who would like to have a try at cricket would be most welcome – just get in touch. We have also supported the Cricket Asylum Charitable Trust to run Cricket Summer Holiday Camps at the club over the school summer holidays and hopefully some of those taking part will become future members of the club.

Bearing in mind it is late in the year the ground is still looking well and there is plenty to look forward to over the winter with a Club and League Dinner and a number of social activities to pay for the running of the club before we start it all again in 2024. The club is also available during winter for private functions. So do get in touch if you would like to use the club's facilities. Our web site address is www. illingworthcc.co.uk

Andrew Smith Club President



Please join us at Church to celebrate the

Illingworth Moor Girls' Brigade (9th Halifax)

50th Anniversary

1973 - 2023

Sunday, 12th November 2023

4 pm to 5.30 pm

Come along to celebrate 50 years of Girls' Brigade at Illingworth Moor.

Join us for coffee and cakes and a chance to reminisce with others who have been connected with 9th Halifax Girls' Brigade over the last 50 years.

Please invite any former girls/leaders you know who might not see this to join us too.

Got Questi	ons?		Êlîm
Is there more to life the	an this?	J	
Does God e	exist?		
What happens next	?		
Starts Sunday 24th Septem	ber		
2.30pm-4pm, Illingworth Ch	nildren's Centre,	1107,000	
Occupation Lane, HX2 9RL			
To find out more visit www.halif	axelimchurch.org.uk,		
Sign up through facebook Or just turn up!	Alpha.org #TryAlpha	Alpha	

RELIGIOUS STUDIES ON THE DECREASE

The number of students taking Religious Studies at A-level has decreased by 3.5 per cent in England, and by 24 per cent in Wales. This is despite an overall increase in the total number of students taking A-levels.

14,690 students took an Religious Studies A-level in England in 2023, compared with 15,216 last year. In Wales, the numbers were down from 982 to 748.

The chair of the Religious Education Council said that the decline shows "the really concerning impact that teacher retention and recruitment is having on the subject." Between 2003 and 2022, Religious Studies was one of the fastest-growing A-level courses, with a 39-per-cent rise in student numbers. The recent drop in numbers has coincided with concern about the training and retention of specialist Religious Studies teachers.

The Children's Commissioner for England, Dame Rachel de Souza, recently called for better provision and resourcing. She emphasised the importance of Religious Studies as a "safe space" for discussing "important and exciting philosophical, religious and moral conundrums".

SAD PEOPLE NEED OUR HELP AND UNDERSTANDING

The nights are getting darker, and many people are getting SAD, as the autumn closes in around us. SAD is properly called '*Seasonal Affective Disorder*', and it is a kind of seasonal depression.

How can you tell if someone has SAD? The symptoms include: a persistent low mood, a loss of pleasure in everyday things, irritability, despair, guilt, lethargy, sleepiness, a craving for carbohydrates and difficulty in concentrating.

No one knows exactly the cause of SAD, but it is often linked to reduced exposure to sunlight during the short autumn and winter days. Lack of sunlight may affect the part of the brain called the hypothalamus, which then affects the production of melatonin, the production of serotonin, and the body's own internal clock.

If you suspect that you may be getting SAD, contact your doctor. Doctors can offer tips on lifestyle changes, light therapy from a light box, talking therapies, and antidepressant medicine.

THE MAN WHO CREATED THOSE LIONS IN TRAFALGAR SQUARE

It was 150 years ago, on 1st October 1873, that Sir Edwin Landseer, artist and sculptor, died. He is known mainly for his animal paintings, and for the lion sculptures at the base of Nelson's Column in London.

He was a popular painter in his lifetime, appealing to people across class boundaries, and his death was marked by houses lowering blinds, flags flying at half-mast and crowds lining the streets for his funeral at St Paul's Cathedral.

An art prodigy, the young Edwin learned swiftly from his father, who was a talented engraver, and received tuition from several skilled artists. He first exhibited at the Royal Academy at the age of 13 (an 'Honorary Exhibitor'), was elected an Associate at the minimum age of 24 and became an Academician in 1831, aged 29.

Although Landseer was a Londoner, having been born there in 1802, he became very fond of the Scottish Highlands, which he first visited in 1824, and many of his best-known paintings, such as *Monarch of the Glen*, are set there. Queen Victoria commissioned many from him.

But his connection with the Highlands also stemmed from the time he enjoyed there with his lover Georgiana, Duchess of Bedford, the wife of his first major patron – John Russell, the 6th Duke of Bedford. She was twice Landseer's age when he met her at the age of 21, having been commissioned to paint her portrait, but they fell in love, and the Duke, who was considerably older, permitted the relationship, which continued after his death.

But because their only child, Lady Rachel Russell, did not bear his name, Landseer was unable to cope mentally, and he suffered a severe nervous breakdown, leading to prolonged depression and hypochondria. In 1872 he was declared insane at the request of his family. He had been knighted in 1850.



OSCA FOUNDATION (based at Forest Cottage, Cousin Lane, Halifax, HX2 8DA)

In association with OSCA Foundation

Activities to be held in OCTOBER

Monday: 6.30 pm to 8 pm Taekwondo Monday: 6.30 pm to 9 pm (except Bank Holidays) ANDY'S MAN CLUB Tuesday: 12 noon Walking Football (outside) Tuesday: 2 pm to 4 pm Old Tyme / Modern Sequence Dancing Tuesday: 6.30 pm to 8 pm Taekwondo Wednesday: 6.30 pm to 8 pm Taekwondo 9.45 am to 10.45 am Keep Fit Thursday: Thursday: 2 pm to 4 pm Old Tyme / Modern Sequence Dancing 6 pm to 9 pm Youth Club 13 years -19 years Thursday: Halifax Gateway Club 6.30 pm - 8.30 pm Enderby Hall Thursdav:

Floodlit All Weather 5 a-side football 3G pitch available for hire seven days a week at competitive prices.

Halifax Panthers Rugby League Open Age Ladies Team are now based at OSCA Foundation @ Forest Cottage. Fixtures will be held on Sunday afternoons at Four Fields on the OSCA Site.

Ovenden West Riding Junior Football Club at OSCA Foundation, Cousin Lane. Kick off times from 9.30 am through till 12 noon. Teams from u/7 through to u12 for both boys and girls. New and old players welcome. Contact Steve on 07727860731

Ovenden West Riding Girls' Football section are looking for new Lionesses to join their u/10 girls training squad. Matches will begin in mid October. Girls need to be under 10 before August 31st 2023. More information about training contact Heath on 07961209093 or Nial on 07922089240.

PUBLIC BAR OPENING HOURS IN OCTOBER

Friday 7 pm - 10 pm / SATURDAY CLOSED / Sunday 12 noon to 6.30 pm Children allowed under parental supervision. Function rooms along with various rooms are available for hire at very competitive prices. Receptions, Funerals, Parties, any form of event can be catered for at very competitive prices. **For further information on all activities give Steve a call on 07727860731**



CAR BOOT SALE &

TABLE TOP SALE

AT OSCA FOUNDATION,



Forest Cottage, Cousin Lane, HX2 8AD

On Sundays, 1st, 15th & 29th OCTOBER

Sellers from 8 am Buyers start 9 am

Book your £10 table with Neil 07530874386. If you prefer to sell outside you must provide your own table.

Light refreshments will be on sale

BREW AND BAKES

at Beechwood Road Library

2nd Thursday of every month

10.30 am to 11.30 am



Come and enjoy a free drink and cake.

Chat, browse our books selection, look at our local history section and much more.



CREW is a local registered charity

"Aiming to keep Calderdale fit and healthy"

We have an exercise class at Forest Cottage every Thursday at 9.45 am

We have walk-it health walks of 60 - 150 minutes

Monday 1 pm Beechwood Medical Centre 2nd & 23rd October

Monday 1 pm Keighley Road Medical Centre, Illingworth 9th & 30th October

Every Friday 10 am Illingworth Moor Methodist Church Approx. 4 miles

All of our information is on our website www.crewheartsupport.co.uk / <u>crewpartners.hsg@gmail.com</u>

WALKING FOOTBALL

at Forest Cottage, Cousin Lane, HX2 8AD

Tuesdays at 12 noon All welcome

For further information contact revpwelch@gmail.com



The Local Activities (LA) Group in Illingworth and Bradshaw was formed specifically to improve the health and wellbeing of people over 50 in this area of Halifax. If you are interested in meeting new friends and doing new activities please get in touch:

Join us on Facebook: Illingworth & Bradshaw Local Activities Group / Ring the Secretary on 01422 249070 / attend one of the activities

The Bowling Section of the LA Group meet every Monday at 10 am at Holmfield Bowling Club, Holmfield 1st April to 30th Sept.

THE FOLLOWING ACTIVITIES RUN EACH WEEK AND TAKE PLACE AT ILLINGWORTH MOOR METHODIST CHURCH, HX2 9LL

TUESDAYS

KEEP FIT from 10 am to 11 am £4.00 Not too hard, but not too easy! This is a fun aerobic exercise class to get you fit and keep you healthy

NEW AGE KURLING from 11.15 am – 12.15 pm £2.00 Both the above activities are suitable for a range of abilities

SITTING DOWN PILATES from 11.15 am - 12 noon £3.50

WEDNESDAYS

CRAFTY CLUB from 10 am - 12 noon £2.00 Join the friendly group for knitting, sewing & card making . Refreshments available from the Church Cafe

THURSDAYS

INTERMEDIATE PILATES CLASS from 9.45 am - 10.45 am f 4.00

BEGINNERS PILATES CLASS from 11 am – 12 noon £4.00 *To improve core stability and strength*

THE FIRST SESSION AT EVERY CLASS IS FREE ***NEW MEMBERS ALWAYS WELCOME AT ANY OF THE ACTIVITIES***

CHURCH CONTACTS

Holy Nativity Church,	the Church of England Parish of Mixenden
	and Illingworth

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	St Malachy's

or malacity of

Parish Priest:	Mgr Michael McQuinn
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Illingworth Moor Methodist Church, Keighley Road, Illingworth, Halifax, HX2 9LL

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The last day for contributions to be included in the NOVEMBER edition is Friday, 20th October 2023 Items can handed in to your Church representative or sent direct to the Editor: Irene Mulhall at greenwoodtree7@gmail.com Tel: 01422 249070