



**JOIN US ON OUR JOURNEY OF FAITH AT ANY
OF THE SERVICES**

EVERYONE IS WELCOME

ST. MALACHY'S CHURCH

Times of Mass at St. Malachy's:

Saturday (Vigil Mass) at 5 pm and

Sunday Mass at 9 am

HOLY NATIVITY CHURCH

the Church of England Parish of Mixenden and Illingworth

Sundays at 10.00 am

All Age Eucharist, everyone welcome

**PREACHERS AT ILLINGWORTH MOOR METHODIST
CHURCH IN FEBRUARY**

All services commence at 10.30 am unless otherwise stated

4th February Local Arrangement Parade

11th February Mrs Stella Christie

18th February Cluster Service @ Highgate Methodist Church

25th February Revd Vicky Atkins Church Anniversary/Communion



'WALKING THE WAY'

which is a monthly
Reflective walk around Calderdale which takes
place on the second Sunday of the month
starting at 2pm.

For more information, here is the website
Calderdale Walking the Way

[https://www.calderdalemethodistcircuit.org.uk/
about-us/walking-way.html](https://www.calderdalemethodistcircuit.org.uk/about-us/walking-way.html)

<https://www.facebook.com/walkingthewaycalderdale>

MESSAGE FOR FEBRUARY

The start of 2024 seems like an age away and yet here we are only in February. This year will bring about many changes and as I have always said, 'there has never been a day like this day before and there won't be again'.

While for some people each day is much the same due to circumstances often beyond our control, there is something unique about each day.

When the moon rises in the evening and goes across the sky until the new morning dawn breaks it is different. With each new morning as the sun brings its light into our part of the world, it is different. It may steer a similar course each day but as we see the difference in the high sun in the summer and the low sun in the winter we know it is different than the day before or the day yet to come.

Each new day is a new opportunity for something new and different to happen, again sometimes things that are out of our control and we are but bystanders watching as things unfold.

Spring will soon be on its way and this visually describes what takes place with the unfolding and bringing to birth of a new flower pushing its way through the soil or new buds appearing on established plants and bushes. The established plant and bush is there but it enables new growth by resourcing it with nutrients and life giving potential.

The established plant could be seen as things in our local community like the schools, the church, the doctors, the chemist, the shops and businesses. These established parts of our community are life giving to the community in which we all live. These things bring life and a new perspective into the very heart of our shared living space and bringing about a new narrative to the area in which we live.

I am reminded of an old film based on an old book called Pollyanna. In the film there is a young girl who has had tragedy in her life and yet she is the one who goes and visits people in her village and asks them 'what are you glad about?' She gives the people of her community something to think about to be thankful for, rather than the negativity and monotony of life. This young girl brings about a transformation in the life of those she meets, because she realizes that each day is a brand new day and each new day brings about something new and brings hope of something better.

As a Christian and follower of Jesus I am constantly reminded about death and resurrection not only of Jesus but of each day too. Yesterday has gone, Today is a gift, Tomorrow is yet to be and bring with it something new.

Every Blessing,

Rev'd Paul Welch



Live well, *your* way

**with care in the comfort of
your own home.**

We specialise in the care of older people and help them stay connected to their community in a cost-effective way that is practical for all the family.

**For an informal chat about the
benefits of home care book your
free consultation.**

"Home Instead is a brilliant company to deal with and they have such caring staff. Trying to navigate the care system is a bit of a minefield but I've had nothing but support from everyone so far. Also, the way the carers look after my dad is wonderful."

***DR - Daughter of Client, 5th
January 2024***

- ◆ Home help
- Personal care
- Companionship
- ◆ Dementia care



Home Instead Calderdale
14-16 Southgate, Elland,
West Yorkshire
HX5 0BW

01422 292424
calderdale@homeinstead.co.uk
www.homeinstead.co.uk/calderdale

SUDOKU EASY

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SUDOKU MODERATE

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WORDSEARCH CLUES

February is the month of **romance**. Millions of **Valentine** cards will be sent in the next week or two, as we celebrate our romantic **love** for that special person in our lives. But there are other kinds of love to celebrate: and on **Candlemas** we remember **Mary** and Joseph taking their **baby** son to the **temple** to present Him to God. Jesus' whole life was a loving **present** to us from God. Through His death for us on the cross, and His resurrection, His love can now transform anyone's life. Romances can die, but God's love for us is always there. But it won't do us much good – unless we accept it!

N	L	A	A	I	B	E	P	E	N	G	A	I
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R	G	E	Y	T	E	E	R	S	E	S	A	L
R	M	O	G	I	R	L	F	R	I	E	N	D
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S	F	T	R	C	A	V	E	W	I	N	E	A
T	E	E	R	Y	T	G	U	H	Y	A	E	C

rose restaurant hearts kiss hug
girlfriend boyfriend fiancé worship
repentance angels presentation

Topcoat Decorating Services

Qualified decorator with over 25yrs experience
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PANCAKE DAY, OR SHROVE TUESDAY, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were “shriven” (absolved from their sins). A bell would be rung to call people to confession. This came to be called the “Pancake Bell” and is still rung today.



In 2024 Shrove Tuesday will fall on February 13th.

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the

Lenten fast and pancakes are the perfect way of using up these ingredients.

A pancake is a thin, flat cake, made of batter and fried in a frying pan. A traditional English pancake is very thin and is served immediately. Golden syrup or lemon juice and caster sugar are the usual toppings for pancakes.

WHAT'S ON AT ILLINGWORTH MOOR

'GOOD AS NEW SHOP'

Open on **FRIDAYS ONLY 10 am till 3.30 pm**

Why not drop into our **"Cosy Corner"**?

No need to buy! Just sit and watch the world go by in warm and pleasant surroundings. Enjoy a cuppa, from the Cafe, or read a magazine, or just relax.



CAFE AT THE MOOR (Tel: 07879930492)

Our Chef, Sarah, makes a range of meals on four days a week, Tuesday, Wednesday, Thursday & Friday from 9 am to 1 pm.

Why not pop in for a coffee, a piece of home made cake, a bowl of home made soup, a sandwich (*either to eat in or take away*).

Or have a full meal from Sarah's tempting menu?

BOYS' BRIGADE - MONDAYS



Anchor Boys: 5 - 7 years (arrive 6.15 pm to start at 6.30 pm until 7.30 pm)

Junior Section: 8 - 10 years (arrive 6.15 pm to start at 6.30 pm until 8.15 pm)

Company Section: 11 - 18 years (arrive no earlier than 7 pm for a 7.15 pm start - ending at 8.45 pm)

If anyone can help out, even if only occasionally, please get in touch with Captain Andy on 07833910698.



GIRLS' BRIGADE - WEDNESDAYS

Explorers: 5-7 years (5.30 pm to 7.15 pm) small number of places available;

Juniors: 7-11 years (6.45 pm to 8.30 pm) now full with a waiting list;

Seniors & Brigaders: 8-18 years (6.45 pm - 8.30 pm)

For more information contact Janice Crowther on 07745529385

SUNDAYS

Sunday Worship & Sunday School at 10.30 am

EVERYONE IS WELCOME TO JOIN US AT ANY OR ALL OF THE ADVERTISED EVENTS

LOCAL HISTORY

*Editor: This month's Local History is taken from the Halifax Courier of August 1979 when Eve Chapman wrote about **KITCHEN CURES FOR ALL ILLS***

With the rise in the cost of many proprietary medicines, will it bring people back to the kitchen cupboard cures of 50 years ago?

Many were crude and violent; older people will remember the agony of septic boils being "drawn," or the strong purges considered necessary at regular intervals. But others were simple and even pleasant.

Before vitamins and antibiotics had entered our vocabulary, our mothers had a word for it. "It did you good." Calderdale folk knew that young nettles and docks, as well as that loathsome confection, the Friday night dosage of brimstone and treacle, weren't specifically to cure anything but to stop you getting it. What "it" was we never knew but they certainly built us up against infection at little cost.

But if we did succumb to coughs and colds, remedies were many, including the most enjoyable lemon-with-honey, sometimes with barley boiled in it. A jug of this stood, weighted by a net cover edged with beads, on our kitchen dresser all summer. In winter, the drink was of boiled linseed with treacle or honey, and flavoured with liquorice, the hard sticks you smashed to atoms with a poker or the flat iron.

If sore throats didn't respond to this mild treatment then heat was applied; a woollen stocking packed with hot boiled potatoes, bread or linseed oil, was wound round the sufferer's neck, or placed, as hot as could be borne, in a poultice on the chest.

To "ward off a chill," my Gran's favourite expression, a mustard foot bath was the answer. And weak ankles were immersed in a solution of rock salt.

But infection couldn't always be "warded off" and, before whooping cough injections, many children suffered dreadful and long-lasting spasms of coughing. As soon as the child got over the initial feverishness, he was turned into the street to follow the tar pan round and inhale its fumes.

These tar pans were used by road men who filled a sort of kettle with the boiling black mass and poured it into the cracks of newly made "setts" in the streets. The roadmen must have found their coughing retinue a nuisance but perhaps notthey most likely had a brood at home!

Grandpa's lumbago - and in our case this actually included the family doctor - was treated by covering the affected part with several thicknesses of brown paper and running the heated flat iron over it. The art was to judge when the iron was hot enough to be effective but not so hot as to burn.

Comfrey, pennyroyal, peppermintall these were scalded for cures; in the country you grew them, in town the herbalist sold them for coppers.

The "rubbing bottle" (its real name was somebody's linament) was used for sprains, strains and other muscular pains. The effect was so fierce that the original pain was forgotten.

If we did go to a chemist that was an adventure in itself. No much-wrapped decorated package but he delved into drawers and measured from bottles with mysterious names (later I was to learn they were Latin) and finally, after meticulous preparation, he wrapped the whole lot in white paper and sealed it with a dab of red wax. In those days, my ambition was to be a chemist's assistant and play with the sealing wax! Two queries remain in my mind - perhaps someone can tell me: what was "toast-water"? And what was "cinder-water"? And what were they used for? Several of my contemporaries remember them but not their purpose.

Are you feeling a little isolated or want something to do?

Staying Well can help you to:

- find out what activities are in your area
- connect you with your community
- help you to take that first step out of the door

If you, or someone you know, is feeling a little isolated and would like help to become more socially active you are welcome to contact us or discover more at:

01422 392767

www.stayingwellhub.com

stayingwellproject@nhpltd.org.uk



ST. MALACHY'S NEWS

Our Parish Priest is Mgr Michael McQuinn

ST. MALACHY'S NURSERY St. Malachy's School, Cousin Lane.

There is a place for your child so why not give your child the best start? Apply for a place now and come and see what we have to offer. Contact St. Malachy's School on 01422 244628.

ST. MALACHY'S WALKS



If you would like to join us you will be made most welcome. Walking boots and suitable clothing are essential. For more information please contact Philip or Pat at 01422 751542 or e-mail us at p29.moran@gmail.com

Sequence & Ballroom Dancing

at Forest Cottage, Cousin Lane, Illingworth, HX2 8DA



Everyone Welcome - Singles and Couples

Tuesdays and Thursdays 1.45 pm to 4 pm

£2.50 per person includes tea and biscuits

For more information ring 01422 248080

ILLINGWORTH MOOR METHODIST CHURCH

THE GOOD AS NEW SHOP

Open every Friday from 10 am to 3.30 pm

Donations always welcome.



Opens 3rd Saturday of each month
17th FEBRUARY 10 am -12 noon

**HOLY NATIVITY CHURCH, THE CHURCH OF ENGLAND
PARISH OF MIXENDEN AND ILLINGWORTH**

Sunny Bank Road, Mixenden, HX2 8RX.

www.holynativity.co.uk

Family Communion every Sunday at **10 am.**

Communion Meal every 2nd Sunday of the month at **6 pm.**

The communion meal is an opportunity to worship whilst gathered around the dinner table. Food is provided.

Rock Mass every 3rd Sunday of the month at **6 pm.**

The Rock Mass is a service for people who like to worship **LOUD!**

Vicar: Revd Robb Sutherland, 01422 353929 email
robb@priest.com

Church Wardens: David Capon 07500860715 and
Michelle Strange 07810560289

Church Pantry: Mondays 2 - 3.30 pm. Providing food and essentials to people from the Parish in need.

Church Youth Group: Tuesdays 7 pm -8.30 pm

For baptisms, weddings & funerals contact the Vicar or Church Warden

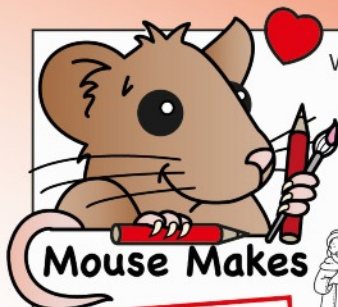


Illingworth Moor Methodist Church

every Friday, 12 o'clock start

Where can you get (*for instance*) cottage pie, carrots, cabbage, a pudding and a cup of tea, together with good company for £5.50 ? Cafe number 07879930492

The **Access Bus** picks up some of our regulars so if you need transport just ring 0113 3481902 to register with Metro.



Mouse Makes

CONNECT THE BIBLE COUPLES

ADAM	ELIZABETH
ABRAHAM	MARY
ISAAC	HANNAH
JACOB	PRISCILLA
BOAZ	EVE
ZECHARIAH	RUTH
ELKANAH	REBEKAH
AQUILA	RACHEL
JOSEPH	SARAH

Which couple helped the Apostle Paul in his ministry?

_____ and _____ Romans 16:3

Who were the first couple?

_____ and _____

Genesis 2:22-25

Who's wife became a pillar of salt because she disobeyed the angel's warning?



Genesis 19:26

Which of Laban's daughters did Jacob love?

Genesis 29:18

Who was Moses' wife?

Exodus 2:21

Who married Boaz to become King David's great-grandmother and a distant relative of Jesus?

Matthew 1:5



FIND THE BIBLE VERSE

Change each letter in this bible verse to the letter **before** it in the alphabet.

XIBU HPE IBT
KPJOFE UPHFUIFS,
MFU OPU NBO
TFQBSBUF.

NBSL
UFO WFSTF
OJOF

DID YOU KNOW?

King Solomon had **700** wives! They were princesses of royal birth and he loved them all, but his wives caused him to turn away from God
See 1 Kings 11:1-3

E E Z R E E L I Z A B E T H R
S V Q S L R Z J I B O A D A M
R E B E K A H O J R A O Q N O
U I S A A C A S A A Z P R N S
T H A Q N H Z E C H A R I A H
H R U T A E V P O A I E B H I
S A R A H L T H B M A R Y S D
P R I S C I L L A Q U I L A

ABRAHAM
ADAM • AQUILA
BOAZ • ELKANAH
ELIZABETH
EVE • HANNAH
ISAAC • JACOB
JOSEPH • MARY
PRISCILLA
RACHEL
REBEKAH • RUTH
SARAH
ZECHARIAH

FREE SCHOOL UNIFORMS

**CALL IN DURING CAFE
AND SHOP OPENING
TIMES.
LOOK ON THE RAIL IN
THE ENTRANCE AND
TAKE WHAT YOU
NEED AT NO COST**

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Whitehill
AbbeyPark**

Contact Tracy for more info.
Email: immctracy@gmail.co
Phone/Text/WhatsApp: 07842411236

ILLINGWORTH MOOR METHODIST CHURCH

DON'T FORGET THOSE NESTBOXES!

On 14th February our annual National Nestbox Week begins. Now an established part of the ornithological calendar, it aims to encourage people to help out the birds in their gardens each Spring. Everyone is invited to put up more nestboxes in their local area, and a very helpful website gives full instructions on how to do this.

More details at: <https://www.nestboxweek.com>

WALKING FOOTBALL

at Forest Cottage, Cousin Lane, HX2 8AD

Tuesdays at 12 noon All welcome

For further information contact
revpwelch@gmail.com



FOOD SHORTAGES ARE ‘LIKELY’ THIS YEAR

You might find some supermarket shelves empty in the coming months.

A combination of global conflicts, climate change and transportation issues are making it harder for food producers to get their products out of the field and onto your plate. And as at the end of last month (January), it got even more complicated, with the introduction of new checks on the goods coming from the EU into the UK.

Professor Chris Elliott of Queen’s University Belfast is a food security expert. He explains: “It’ll be about affordability but also availability, and the likelihood of empty shelves, particularly fresh produce shelves, in 2024 is alarmingly high.”

Professor Elliott said: “We are virtually totally dependent on other countries for most of our fresh produce, our fruit and our vegetables. We were reasonably self-sufficient in dairy, we were reasonably self-sufficient in poultry and eggs. But that’s also on the decline now, as a result of the collapse of some sectors of the food industry in the UK.”

According to the gov.uk website, just under half of the actual food on our plates is produced within the UK.

WHY TEA IS “THE DRINK OF GETTING THINGS DONE”

The drinking of tea has found an unexpected new champion: James May, the former Top Gear presenter.

Speaking recently on Radio 4, James May said: “I’m just worried that the cult of coffee is going to destroy tea. And I don’t like coffee, it is just rubbish. I like tea.” He added: “Tea is the drink of getting things done.”

How did tea get so embedded in UK culture? Food historian Polly Russell says the answer lies in the Industrial Revolution of the mid-18th century. “Tea became less expensive and at the same time you had agricultural wages slumping, and agricultural workers literally not able to buy food, to buy fuel, or to afford a hot meal. So, tea became a way of having something hot and restorative – often with sugar – and that habit then also translated into the urban, as the industrial revolution expanded into our cities.”

And so it was that “tea became absolutely central to the diet of the working poor.”

And this provided the basis for the idea “that tea and sugar were fuelling the industrial nation.”

James May argues that tea drinking is still fundamental to “bringing everyone together and ensuring happiness as well as productivity.”

He believes: “Tea in the British workplace is more than a drink, it’s a social glue. Britain is falling apart because we don’t drink enough tea.”

THE COST OF PARKING AT YOUR LOCAL HOSPITAL

Have you been a patient or visitor to a hospital this past year? If so, you are not imagining it: the cost of parking there has skyrocketed. In fact, parking charges for hospital patients and visitors have leapt by £50 million in a year.

Recent NHS accounts show that hospital trusts made nearly £146 million in income from patients and visitors in 2022-3. That is a whopping 50 per cent increase from the £97 million received the year before.

There has also been a major jump in the amount hospital staff have to pay to park. In 2021-22 the staff members paid just £5.6 million, which increased to £46.7 million in 2022-23. These latest figures have been met with criticism from Royal College of Nursing, which has slammed the growing cost of parking for staff.

WHO IS HIDING IN YOUR CAR?

You may not be the only one enjoying the comfort of your car this winter.

According to recent figures from the RAC, if you have left your car standing alone for even a week, then anything from rats, squirrels, mice, foxes and even snakes may have moved in.

A squirrel stockpiling nuts in a car air filter, ten mice nesting under a windscreen, rats living in engine bays, and foxes chewing brake hoses, are only some of many culprits listed this year as having caused a breakdown. There was also the baby python found behind a wheel trim.

In all, last year the RAC responded to over 300 incidents of vehicle damage caused by animals. That's a 55 per cent increase from the 196 recorded in 2018. Alice Simpson, spokesman for the RAC, said: "Finding a rat or mouse in your car is not only a nasty shock, but often the cause of very expensive damage.

"Our best advice is to make sure no food is left inside. Also, check for unusual smells in the vehicle, and be mindful of any dashboard warning lights that don't disappear after a minute or two."

WHEN BIGGER IS NOT BETTER

Women have added almost three inches to their waistlines over the last three decades.

A recent mass survey across England has found that the average woman now has a waist span of 35 inches. That is up from an average of just over 32 inches in the 1990s. A 'very high waist circumference' is defined as being 34.6 inches or above. Male waistlines have also continued to grow, but at a slower rate. 36 per cent of men are now classed as having a 'very high waist circumference' – which is 40 inches (102cm) or above. In the Nineties, just 20 per cent of men were this big.

The data comes from the Health Survey of England carried out in 2019, when waistlines were last measured. Tam Fry, from the National Obesity Forum, said: "The figures are alarming – too many of us are eating as though it is Christmas every day."

Draft guidance from the National Institute for Health and Care Excellence (NICE) urges everyone to regularly measure their waistline. It should be less than half their height.

A recent study by the University of Oxford has found that every extra inch on the waistline increases the risk of heart failure by 11 per cent.

ABANDONED AND HELPLESS

If February is the month of love, shouldn't that include some compassion for animals?

The RSPCA reports that animal abandonment incidents have reached a three-year high.

Latest figures for 2023 reveal more than 20,000 reports of animals being simply dumped by their owners.

Dermot Murphy, RSPCA inspectorate commissioner, says: "Behind these shocking statistics are thousands of vulnerable animals. Each one is a valuable life in urgent need of our help."

He goes on: "The combined effects of the pandemic and the ongoing cost-of-living crisis has created a perfect storm, and means we expect more animals than ever will need our help this year."

Yet many rescue centres are already full to bursting, "so we are facing an unprecedented winter crisis. Our rescue teams are busier than ever. We need animal lovers to donate to help us be there for animals in desperate need."



THE DAISY CHAIN CAFE
ON WEDNESDAY, 14TH FEBRUARY
AT BLACKBURN HOUSE, NURSERY LANE
FROM 1 PM TO 3 PM

Working towards a Dementia Friendly North Halifax
For more information ring 03005550266 or
01422 252209

ANSWERS

SUDOKU EASY

1	6	3	5	8	4	7	2	9
8	7	5	2	9	3	6	4	1
9	4	2	6	1	7	5	8	3
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SUDOKU MODERATE

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1	6	7	3	5	9	4	2	8
6	9	2	5	4	8	1	3	7
5	4	1	7	6	3	9	8	2
3	7	8	2	9	1	6	5	4

WORDSEARCH



Well done is better than well said.

Benjamin Franklin

ALL IN THE MONTH OF FEBRUARY

It was:

150 years ago, on 15th Feb 1874 that Sir Ernest Shackleton was born. This Irish-born British polar explorer was one of the leading explorers during the Heroic Age of Antarctic Exploration. He led three British expeditions to the Antarctic.

100 years ago, on 5th Feb 1924 that BBC Radio broadcast the 'six-pips' Greenwich Time Signal for the first time.

Also 100 years ago, on 12th Feb 1924 that George Gershwin's *Rhapsody in Blue* was performed for the first time, in New York.

90 years ago, on 23rd Feb 1934 that Edward Elgar, the British composer, died.

75 years ago, on 22nd Feb 1949 that Niki Lauda, Austrian racing driver was born. He was Formula One World Champion in 1975, 1977 and 1984. He was severely injured and burnt in a crash at the 1976 German Grand Prix. (Died 2019.)

70 years ago, on 23rd Feb 1954 that the first field test of the polio vaccine began in Pittsburgh. It grew into a year-long national trial involving 1.8 million children.

65 years ago, 3rd Feb 1959, became 'the day the music died', when American rock-and-roll performers Buddy Holly, Ritchie Valens and The Big Bopper were killed in a plane crash in Iowa.

60 years ago, on 7th Feb 1964 that the Beatles arrived in New York for their first US tour. They were met by thousands of screaming fans.

50 years ago, on 7th Feb 1974 that Conservative Prime Minister Edward Heath called a snap general election following the miners' strike and three-day week. It resulted in a hung parliament, and the Labour leader, Harold Wilson, became Prime Minister.

40 years ago, on 14th Feb 1984 that figure skaters Jayne Torvill and Christopher Dean won the gold medal in ice-skating at the Winter Olympics in Sarajevo. They scored the first perfect 6.0 in Olympic history.

30 years ago, on 25th Feb 1994 that serial killer Fred West was arrested in connection with the disappearance of his daughter. Police then discovered human bones buried in his garden. He was eventually charged with 11 murders, and his wife Rosemary with ten murders.

25 years ago, on 1st Feb 1999 that the International Maritime Organisation stopped using the Morse code 'SOS' distress call. All sea-going vessels were required to have a Global Maritime Distress and Safety System (GMDSS) fitted by this date.

20 years ago, on 4th Feb 2004 that Facebook, the social media networking platform, was launched.

15 years ago, on 7th Feb 2009 that the Black Saturday bush fires took place in Australia. The worst in Australia's history, they destroyed 1.1 million acres of land, killed 173 people, injured 414, and burned down more than 3,500 buildings, including 2,000 houses.



ILLINGWORTH ARLFC

**Be part of the best sport in the world and
join the rugby league family.**

**Why not contact us using our social media
platforms and find out if you or your family
members can join our ever growing club.
Boys and Girls welcome!**

HAVE FUN - GET FIT - CHALLENGE YOURSELF

Facebook Page: Illingworth ARLFC

Instagram: illygirlsrugby OR Illingworth ARLFC

**Illingworth Sports and Social, Mason Green,
Halifax, HX2 8HG**

NHS
Yorkshire
Smokefree Service

THINKING ABOUT STOPPING SMOKING?

Did you know we now offer **VAPES**
as well as nicotine replacement
therapy?

We're here to help you through
your quit journey

If you're ready to stop smoking give
us a call to make an appointment to
suit you!

01422 262373 (local number)

[https://yorkshiresmokefree.nhs.uk/
pages/callback-request](https://yorkshiresmokefree.nhs.uk/pages/callback-request)



BEECHWOOD ROAD LIBRARY

The Staff at
Beechwood Road Library are
looking forward to welcoming
old and new members to visit
them during any of the
following opening hours:

Monday 10 am - 5 pm

Thursday 10 am - 5 pm

Friday 10 am - 5 pm

Saturday 10 am - 1 pm



The Spenser Wilson Halifax Cricket League has not yet published the fixture list for the 2024 season but we are looking forward to the 1st and 2nd XI's again both playing in their Premier Leagues, and there are plenty of local derbies and interest to look forward to.

We will be playing local rivals Bradshaw at both 1st and 2nd team levels.

At first team level Mytholmroyd and Blackley were relegated and replaced by Shelf & Northowram and Warley & Elland.

The big local cricket news at the back end of last year was the demise of Elland Cricket Club who had to resign from the Huddersfield League because of a lack of players. Warley, despite playing success, have struggled to enhance their facilities over a number of years on a ground not in their ownership and have made the brave and welcome move to join forces with Elland to compete in the Halifax Premier League next season. It will be great for Illingworth to play league fixtures again at Elland for the first time since our Yorkshire Council days in the 1920's on a ground that offers superb facilities. In recent times the Elland ground has regularly hosted Yorkshire 2nd XI games and Sykes Cup Finals, the Knockout Cup competition of the Huddersfield League, and it will be great to see the ground in action for cricket once more. It should make for an interesting and challenging year for all our players again in 2024.

Our Senior winter nets for cricket training start at Halifax Trinity Academy on Tuesday evenings from Tuesday, 20th February between 8 & 9.00 pm for six weeks up to and including 26th March and we invite all interested players to come along and give it a go. We can accommodate players of all abilities so whether you are a regular player or haven't played for a while but fancy taking up some very worthwhile exercise do come along.

We are hoping to arrange Junior cricket coaching and training sessions at a later date so watch our website for details.

As always, we want to get more youngsters, girls and boys, playing cricket and we shall be running our usual Friday night Junior activities from mid April right through the summer.

We are looking to run a full quota of junior teams in 2024 as well as three senior teams so there is plenty of opportunity for everyone. Hopefully the North Halifax Ladies team will also be operating from Illingworth in the new season.

In the meantime plenty of work and preparations for the new season are taking place.

If you want any more details our web site address is www.illingworthcc.co.uk or email pasmith19@hotmail.com

Andrew Smith

Club President

REMEMBERING SIR ERNEST SHACKLETON

One hundred and fifty years ago, on 15th February 1874, Sir Ernest Shackleton was born in County Kildare, Ireland – into a family that was English in origin and had Quaker connections. Sir Ernest was one of the leading explorers during the Heroic Age of Antarctic Exploration. He led three British expeditions to the Antarctic.

His father, Henry, was a farmer, who then qualified as a doctor, and the family moved to Sydenham, London in 1884. Ernest learnt seafaring in the Merchant Navy, becoming in turn second mate, third officer and first mate, before certifying as a master mariner in 1898: this qualified him to command a British ship anywhere in the world.

Expeditions he led included the *Nimrod* (1907-09), the *Endurance* (1914-17) and the *Quest* (1920-22). He was also on Scott's earlier *Discovery* expedition, but was invalided home early. From early on he had health problems, and the medical officer on the *Nimrod* expedition believed he had a hole in the heart.

Shackleton was described as spiritual but not religious. While crossing the mountains in South Georgia with two others to complete his heroic rescue of the crew of the *Endurance*, he and his companions said they were aware of a fourth presence, which they called 'providence', walking with them.

Although Shackleton did not make any major discoveries or register any notable firsts in Antarctica, he took part in some amazingly courageous enterprises and, although he was largely overlooked for many years, is now regarded as one of the giants of polar exploration, always admired by his crewmen. He died of a heart attack on the *Quest* at the age of 47 and was buried – at his wife's request – in the graveyard of the English church at Grytviken in South Georgia.

REMEMBERING CLARICE CLIFF

If you like ceramics, and enjoy colour, then you are bound to be familiar with the work of Clarice Cliff. Her glowingly vibrant plates, cups, teapots, and vases are world famous – and still loved.

She was born 125 years ago on 20th January 1899, in Tunstall, Stoke-on-Trent. Clarice's father worked in an iron foundry, and her mother washed clothes to help feed their seven children.

Clarice left school at 13 to work in the potteries. She so enjoyed the work that at 17, she moved on to the factory of A J Wilkinson in Newport, Burslem, to gain more experience. Soon she was modelling figurines and vases, keeping pattern books, and learning to hand-paint ware.

Clarice's talent was noticed, and then encouraged by one of the factory owners, Arthur Colley Austin Shorter. As the years went by, he enabled her to go to the Royal College of Arts and then study in Paris. He gave her own studio, and later he married her.

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Romance, love, marriage and all that stuff – the way children see it...

How do you decide who to marry?

You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the crisps and dip coming. - Alan, age 10
No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with. - Kirsten, age 10

What is the right age to get married?

23 is the best age because you know the person FOREVER by then. - Camille, age 10
No age is good to get married at. You got to be a fool to get married. - Freddie, age 6

How can a stranger tell if two people are married?

You might have to guess, based on whether they seem to be yelling at the same kids.
- Derrick, age 8

What do you think your mum and dad have in common?

Both don't want any more kids. - Lori, age 8

What do most people do on a date?

Dates are for having fun, and people should use them to get to know each other. Even boys have something to say, if you listen long enough. - Lynnette, age 8
On the first date, they just tell each other lies and that usually gets them interested enough to go for a second date. - Martin, age 10

When is it okay to kiss someone?

When they're rich. - Pam, age 7
The law says you have to be eighteen, so I wouldn't want to mess with that. - Curt, age 7
The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do. - Howard, age 8

Is it better to be single or married?

It's better for girls to be single but not for boys. Boys need someone to clean up after them.
- Anita, age 9

How would you make a marriage work?

Tell your wife that she looks pretty, even if she looks like a lorry. - Ricky, age 10

Do what we can to help...

Several women in the church prayer group were visiting an elderly friend who was ill. After a while, they rose to leave and told her: "We'll do what we can to help. We promise to keep you in our prayers."

"Thank you," she said. "But really, I can do my own praying. The thing I can't do is the dishes in the sink in the kitchen...."

Bye bye

I like long walks, especially when taken by people who annoy me.

And if love should die....

While we were working at a men's clothing store, a customer asked my colleague to help her pick out a tie that would make her husband's blue eyes stand out. "Ma'am," he explained, "any tie will make blue eyes stand out, if you tie it tight enough."

Family

Last night our wifi stopped working, so I had to spend a few hours with my family. They seem like good people.

Clarice's use of colour was immensely popular. Her brilliantly coloured plates, cups, vases, and teapots helped cheer people up during the Depression. Clarice's shapes were also eye-catching: sometimes 'Modern', with angular and geometric lines; sometimes 'Art Deco' – with abstract and cubist patterns.

By 1930, Cliff was Art Director at Newport pottery. She went on to have a worldwide impact, as her patterns, shapes and colours sold in large quantities in many countries. Her most famous quote was: "Having a little fun at my work does not make me any less of an artist, and people who appreciate truly beautiful and original creations in pottery are not frightened by innocent tomfoolery."

After Clarice's death, Wedgwood came to own the Clarice Cliff name. The world record price for a piece of Clarice Cliff is held by Christie's in London, who in 2004 sold an 18-inch (460 mm) 'charger' (wall plaque) in the *May Avenue* pattern for £39,500.

THE DAY THE MUSIC DIED

It was 65 years ago, on 3rd February 1959, that American rock-and-roll performers Buddy Holly, Ritchie Valens and The Big Bopper were killed in a plane crash in Iowa. Thanks to Don McLean and his eight-minute hit song *American Pie*, it became known as "the day the music died".

Buddy Holly was a rock 'n' roll pioneer who is widely regarded as having sparked a 'quantum leap' in popular musical output in the post-war years, being admired by such stars as Elvis Presley and John Lennon. He was born in Lubbock, Texas, to a Christian family and attended a Baptist church where he made a commitment and was baptised.

At the time of the plane crash – attributed to their young pilot's inexperience in appalling weather conditions – Holly, 22, Valens, 17, and the 28-year-old Big Bopper (J P Richardson), together with other musicians, were on what they described as "the tour from hell", travelling hundreds of miles each day by bus in temperatures as low as minus 35F.

After a concert in Clear Lake, Iowa, Holly decided to rent a private plane to get to Fargo, North Dakota, for the next concert. He planned to take his band members, Waylon Jennings and Tommy Allsup, with him, but Valens tossed a coin for Allsup's seat and won. Jennings then gave his seat to the Big Bopper, who was unwell.

Holly's young wife Maria learned about his death on television and suffered a miscarriage. His mother heard the news of his death on radio. Since then, news media have introduced rules to prevent the names of people who die in accidents being revealed before the family itself is informed.

Maria did not attend his funeral and has reportedly never been to his grave, but she preserved and promoted his music after his death.



OSCA FOUNDATION (based at Forest Cottage, Cousin Lane, Halifax, HX2 8DA)

Activities to be held in FEBRUARY

Monday: 6.30 pm to 8 pm Taekwondo

Monday: 6.30 pm to 9 pm (except Bank Holidays) **ANDY'S MAN CLUB**

Tuesday: 12 noon Walking Football (outside)

Tuesday: 2 pm to 4 pm Old Tyme / Modern Sequence Dancing

Tuesday: 6.30 pm to 8 pm Taekwondo

Wednesday: 6.30 pm to 8 pm Taekwondo

Thursday: 9.45 am to 10.45 am Keep Fit

Thursday: 2 pm to 4 pm Old Tyme / Modern Sequence Dancing

Thursday: 6 pm to 9 pm Youth Club 13 years –19 years

Thursday: Halifax Gateway Club 6.30 pm - 8.30 pm Enderby Hall

Floodlit All Weather 5 a-side football 3G pitch available for hire seven days a week at competitive prices.

Halifax Panthers Rugby League Open Age Ladies Team are now based at OSCA Foundation @ Forest Cottage. Fixtures will be held on Sunday afternoons at Four Fields on the OSCA Site.

Ovenden West Riding Junior Football Club at OSCA Foundation, Cousin Lane. Kick off times from 9.30 am through till 12 noon. Teams from u/7 through to u12 for both boys and girls. New and old players welcome. Contact Steve on 07727860731

Ovenden West Riding Girls' Football section are looking for new Lionesses to join their u/10 girls training squad. Girls need to be under 10 before August 31st 2023. More information about training contact Heath on 07961209093 or Nial on 07922089240.

Ovenden West Riding AFC are looking to start a third team for U/11 boys/girls, the team will play in the Huddersfield Junior League on Sunday mornings, all players of any ability are most welcome. Please contact Daniel on 07947702934.

PUBLIC BAR OPENING HOURS Friday 7 pm - 10 pm /

SATURDAY CLOSED / Sunday 12 noon to 6.30 pm

Children allowed under parental supervision.

Function rooms along with various rooms are available for hire at very competitive prices. Receptions, Funerals, Parties, any form of event can be catered for at very competitive prices. **For further**

information on all activities give Steve a call on 07727860731.

The OSCA Foundation would like to point out that despite the new development in the grounds of Forest Cottage all activities are continuing normally. The work is expected to last for around 12 months.

HAIRY POPPINS

DOG WALKING & GARDENING

Regular, occasional and one off walks

Puppy visits to feed, play and toilet

Cats, rabbits, fish etc. cared for



Lawns mowed—regularly or occasional

General Gardening

Phone Andrea on 07886527537

Email: hairyppoppins15@gmail.com

Find us on Facebook

Fully Insured



CAR BOOT SALE &

TABLE TOP SALE

AT OSCA FOUNDATION



Forest Cottage, Cousin Lane, HX2 8 AD

On Sundays 4th and 18th February

Sellers from 8 am Buyers start 9 am

Book your £10 table with Neil 07530874386. If you prefer to sell outside you must provide your own table.

Light refreshments will be on sale

TORVILL AND DEAN - AND THE BOLERO THAT MADE OLYMPIC HISTORY

Forty years ago, on 14th February 1984, figure skaters Jayne Torvill and Christopher Dean won the gold medal in ice dancing at the Winter Olympics in Sarajevo. They scored the first perfect 6.0 in Olympic history.

Both are from Nottingham and, despite the obvious chemistry between them, they have never been romantically involved with each other. Jayne is married, and Christopher is in a long-term relationship. Jayne was originally an insurance clerk and Dean a policeman, and they built up their ice partnership while working full-time – though they eventually received a grant from Nottingham City Council that enabled them to concentrate on their skating.

This was much like a full-time job. Christopher later described it as “obsessive...almost like being in a monastery. It was a religion in its own way”.

At Sarajevo they became the highest scoring figure skaters of all time for a single programme, which they skated to Ravel’s *Bolero* (it came in just within the time limit) and were awarded 12 perfect 6.0s – including a 6.0 from every judge for artistic impression – and six 5.9s. In 2002 this performance was voted into eighth place in a Channel 4 poll of the 100 Greatest Sporting Moments.

The pair turned professional after Sarajevo and won the world professional championships five times. Their innovations had a lasting impact on the sport, and in 2000 they were made OBEs for their outstanding contributions to skating and to British sport.

The National Ice Centre in Nottingham is now accessed through Bolero Square; a housing estate in the Wollaton area of the city contains a street named Torvill Drive and an adjoining one called Dean Close.



**CREW Heart
Support Group**

**CREW is a local registered charity
"Aiming to keep Calderdale fit and healthy"**

We have an exercise class at Forest Cottage every Thursday at 9.45 am

We have walk-it health walks of 60 - 150 minutes

Monday 1 pm Beechwood Medical Centre - 5th February

Monday, 1 pm Wainstalls bus turning circle - 12th February

Monday 1 pm Keighley Road Medical Centre, Illingworth - 19th February

Every Friday 10 am Illingworth Moor Methodist Church Approx. 4 miles

All of our information is on our website

www.crewheartsupport.co.uk / crewpartners.hsg@gmail.com



The Local Activities (LA) Group in Illingworth and Bradshaw was formed specifically to improve the health and wellbeing of **people over 50 in this area of Halifax**. If you are interested in meeting new friends and doing new activities please get in touch:

Join us on Facebook: Illingworth & Bradshaw Local Activities Group /
Ring the Secretary on 01422 249070 / attend one of the activities

The Bowling Section of the LA Group meet every Monday at 10 am
at Holmfield Bowling Club, Holmfield 1st April to 30th September

We run day trips to the seaside or places of interest during the summer

THE FOLLOWING ACTIVITIES RUN EACH WEEK AND TAKE PLACE AT
ILLINGWORTH MOOR METHODIST CHURCH, HX2 9LL

TUESDAYS

KEEP FIT from 10 am to 11 am £4.00

Not too hard, but not too easy!

This is a fun aerobic exercise class to get you fit and keep you healthy

NEW AGE KURLING from 11.15 am – 12.15 pm £2.00

Both the above activities are suitable for a range of abilities

SITTING DOWN PILATES from 11.15 am – 12 noon £3.50

WEDNESDAYS

CRAFTY CLUB from 10 am - 12 noon £2.00

Join the friendly group for knitting, sewing & card making .

Refreshments available from the Church Cafe

THURSDAYS

INTERMEDIATE PILATES CLASS from 9.45 am – 10.45 am £4.00

BEGINNERS PILATES CLASS from 11 am – 12 noon £4.00

To improve core stability and strength

THE FIRST SESSION AT EVERY CLASS IS FREE

*****NEW MEMBERS ALWAYS WELCOME AT ANY OF THE ACTIVITIES*****

CHURCH CONTACTS

Holy Nativity Church, the Church of England Parish of Mixenden and Illingworth

Minister: Rev Robb Sutherland
Tel: 01422 353929
Address: Holy Nativity Church, Sunnybank Road,
Mixenden, HX2 8RX
Web: www.holynativity.co.uk
Facebook: [holynativitymix](https://www.facebook.com/holynativitymix)
Twitter: [@holynativitymix](https://twitter.com/holynativitymix)

St Malachy's

Parish Priest: Mgr Michael McQuinn
Tel: 01422 361682
Email: office.stmalachy@dioceseofleeds.org.uk
Address: St Columba's Presbytery, Highroad Well
Lane, Halifax, HX2 0QF

Illingworth Moor Methodist Church, Keighley Road, Illingworth, Halifax, HX2 9LL

Minister: Rev Paul Welch
Tel: 01422 244418
Address: The Manse, "St Ives", 160 Whitehill Road,
Illingworth, Halifax, HX2 9UH
Web: www.illingworthmoor.org.uk
Facebook: Illingworth Moor Methodist Church
Facebook: Illingworth Moor Church Good As New Shop
Centre Manager: immccentremanager@gmail.com
Children & Schools Worker: immctracy@gmail.com
Tel: Tracy Brennan: 07842411236

*The last day for contributions to be included in the
MARCH 2024 edition is FRIDAY, 16TH FEBRUARY*

Items can handed in to your Church representative or sent direct to
the Editor: Irene Mulhall at greenwoodtree7@gmail.com